

Triathlon Results

Women 50-54

Mindy Duncan *Gold*
Swim: 16:34.4
T1: 01:31.6
Bike: 39:12.9
T2: 01:43.2
Run: 34:55.7 Overall: 01:33:57.8

Men 55-59

Wade Duncan *Gold*
Swim: 12:01.8
T1: 00:47.7
Bike: 32:39.7
T2: 00:49.3
Run: 25:01.02 Overall: 01:11:19.7

Daniel Kepple *Silver*
Swim: 15:00.2
T1: 2:34.4
Bike: 37:48.1
T2: 00:48.5
Run: 25:20.9 Overall: 01:21:32.1

Men 60-64

Robert Morton *Gold*
Swim: 14:00.0
T1: 01:37.8
Bike: 39:12.6
T2: 01:34.6
Run: 25:49.1 Overall: 01:22:14.1

Men 65-69

Keith McQuarrie *Gold*
Swim: 13:40.4
T1: 01:12.5
Bike: 33:58.8
T2: 00:29.6
Run: 27:27.7 Overall: 01:16:49.0

John Brubaker *Silver*
Swim: 15:24.4
T1: 01:59.0
Bike: 39:15.8
T2: 01:02.8
Run: 27:23.8 Overall: 01:25:05.8