

ARCHERY

(900 round beginning 1994)

Compound Finger

MALE

50-54

*Duane Parkinson, St. Charles MO, 720, 1998

55-59

*Clint Kasten, Maryland Hgts, MO, 810, 1999

60-64

*Clint Kasten, St. Louis, MO, 790, 2000

Walter. Smallberger, Bartonville, IL, 751, 1996

65-69

Ralph Wilson, Edwardsville, IL, 630, 2002

75-79

*Winston Parkinson, Bullshoals, AR, 784, 1999

George Dougherty, Alton, IL, 365, 2002

85-89

*Winston Parkinson, St. Charles, MO, 705, 2005

ARCHERY

Compound Release

FEMALE

50-54

*Carol Biner, Indianapolis, IN, 867, 1996

55-59

Lori Peoples, McHenry, IL, 564, 1998

*Sharon Boedges, Fenton, MO, 804, 2005

60-64

*Wanda Mehaffy, Ballwin, MO, 824, 1998

65-69

Patricia Dietz, Chicago, IL, 346, 1994

*Wanda Mehaffy, Ballwin, MO, 799, 2003

70-74

Wanda Mehaffy, Ballwin, MO, 717, 2008

MALE

50-54

*Patrick Fleming, IN, 881, 2006

55-59

Steve Lash, Bethalto, IL, 887, 2007

60-64

Vincent Baker, Golconda, IL, 864, 2006

65-69

Vincent Baker, Golconda, IL, 865, 2008

70-74

Stan Goldys, Chicago, IL, 835, 2008

75-79

Raymond Ferry, Lockport, IL, 179, 1998

*Arthur Eschbach, Grover, MO, 788, 2000

ARCHERY

Compound Barebow

FEMALE

60-64

Kathleen Bowman, Austintown, OH, 569, 2008

MALE

55-59

*Gerry Mueller, St. Louis, MO, 215, 2006

60-64

*Clint Kasten, St. Louis, MO, 744, 2004

65-69

*Clint Kasten, St. Louis, M O, 777, 2008

ARCHERY

Recurve

FEMALE

60-64

Diana Hoffarth, Belleville, IL, 720, 2000

65-69

Patricia Dietz, Chicago, IL, 276, 1996

70-74

Patricia Dietz, Chicago, IL, 153, 1998

*Ann Hoyt, Bridgeton, MO, 690, 1996

MALE

50-54

Larry Skinner, Springfield, IL, 782, 1996

55-59

Larry Skinner, Springfield, IL, 829, 1999

60-64

*Larry, Skinner, Moberly, MO, 823, 2003

Stan Goldys, Chicago, IL, 744, 1998

65-69

Stan Goldys, Chicago, IL, 795, 2003

70-74

*Gene Towne, Blue Springs, MO, 740, 1996

75-79

J.C. Spelce Jr., O'Fallon, IL, 677, 2002

85-89

*Earl Hoyt, Jr., Bridgeton, MO, 584, 1996

ARCHERY

Recurve Fita (Fingers)

FEMALE

70-74

Diana Hoffarth, Belleville, IL 655, 2008

MALE

50-54

Gabriel Querol, Glen Ellyn, IL, 800, 2008

55-59

Bob Truttman, Maryville, IL, 747, 2007

60-64

*Larry Skinner, MO, 806, 2004

Robert Truttman, Maryville, IL, 764, 2008

65-69

*Ron Packman, St. Louis, MO, 681, 2007

70-74

Jack Hoffarth, Belleville, IL, 714, 2008

75-79
J.C. Spelce, Jr., O'Fallon, IL, 735, 2004
80-84
J.C. Spelce, Jr, O'Fallon, IL, 741, 2005

ARCHERY
Recurve Barebow

MALE

55-59
Michael Schmidt, Pamon, IL, 736, 2008
60-64
Don Ellison, Tamms, IL, 650, 2005
65-69
Robert Wolff, Makanda, IL, 680, 2005

BASKETBALL FREETHROW

FEMALE

50-54
Patricia Kurauski, Chicago, IL, 18/25, 1998
55-59
Patricia Beam, Caledonia, IL, 20/25, 1996
60-64
Josephine Wilke, Chicago, IL, 22/25, 1991
65-69
Irene Kerwin, Peoria, IL, 22/25, 1992
70-74
Josephine Wilke, Chicago, IL, 20/25, 1999
75-79
Josephine Wilke, Chicago, IL, 15/25, 2002
80-84
*Claire Vieth, St. Louis, MO, 15/25, 1992
Mitzi Probst, Staunton, IL, 6/25, 2002
Dollie Pulla, Aurora, IL, 6/25, 2008
85-89
Elizabeth Barolich, Bolingbrook, IL, 10/25, 2008
90-94
Gladys Eichstaedt, IL, 3/25, 2004

MALE

50-54
Greg Burzynski, Elmwood Park, IL, 24/25, 1998
55-59
Don Dfanz, Pekin, IL, 25/25, 1984
60-64
*Doug Timbes, Glen, MS, 25/25, 1986
Raymond Schumann, Hull, IL, 25/25, 1989
*Carl Mays, Bellevue, OH, 25/25, 1989
65-69
Raymond Schumann, Hull, IL, 24/25, 1994
*Doug Timbes, Glen, MS, 25/25, 1988-90
70-74
Raymond Schumann, Hull, IL, 25/25, 2000
75-79
Don Odbert, Mt. Prospect, IL, 23/25, 1987

*Blaine McNeill, Boaz, KY, 23/25, 1989
80-84
Donald Odbert, Mt. Prospect, IL, 22/25, 1993
85-89
Sam Dorman, Springfield, IL, 17/25, 1995
90-94
Guy Sibley, Princeville, IL, 11/25, 1991
95-99
Guy Sibley, Princeville, IL, 12/25, 2002

BOWLING
Singles

FEMALE

50-54
Victoria Kowens, Cahokia, IL, 577, 2002
55-59
Dolores Murray, Galva, IL, 557, 1985
60-64
Betty Cerri, Chatham, IL, 555, 2007
*Joyce Mason, Dayton, OH, 623, 1998
65-69
Betty Arbeiter, Granite City, IL, 602, 2002
70-74
Rita Niehaus, Springfield, IL, 546, 1997
75-79
Ruth Lowe, Waverly, IL, 501, 2006
80-84
Lottie Snopek, Bolingbrook, IL, 478, 1999
85-89
Harriet Neier, Hoffman Estates, IL, 454, 2006
90-94
Lottie Snopek, Bolingbrook, IL, 357, 2008
*LouElla Pendleton, Cincinnati, OH, 391, 1998

MALE

50-54
Walter Rich, Jr., Waterloo, IL, 669, 2005
*Dan Rike, Florissant, MO, 678, 2004
55-59
Randy Choat, Granite City, IL, 718, 2006
60-64
*Robert Gittenmeier, MO, 709, 2000
Tom Cerri, Chatham, IL, 662, 2004
65-69—**ALL TIME RECORD**
Dale Diamond, Springfield, IL, 770, 2008
70-74
John Clement, Metamora, IL, 670, 2008
75-79
Ed Williams, Springfield, IL, 629, 1995
80-84
Fr. John Ostdiek, Quincy, IL, 582, 2006
85-89
Fr. John Ostdiek, Quincy, IL, 599, 2008

90-94
Clarence Kongsgaard, Bolingbrook, IL, 420, 2005
95-99
Henry Blevins, Monmouth, IL, 460, 1999

BOWLING
Doubles

FEMALE

50-54
*Maria Gray/Dorothy Renner, MO/MO, 1003, 2006
Mary Clutter/Phyllis Capps, IL/IL, 919, 2003
55-59
Linda Lauwerens/Betty Cerri, IL/IL, 1094, 2008
*Dorothy Renner/M. Bishop, MO/MO 1060, 2000
60-64
Betty Arbeiter/Charlotte Pyle, IL/IL, 1066, 1996
65-69
Barbara Roderick/Rita Niehaus, IL/IL, 1119, 1998
70-74
*Ruth Gatti/Gail Menke, MO/MO, 955, 2000
Elinor Nelson/Phyllis Anderson, IL/IL, 902, 1995
75-79
Betty Tester/Hattie Beauchamp, IL/IL, 900, 2006
80-84
Jeanne Butler/Lorraine Jones, IL/IL, 846, 2007
85-89
G. Eichstaedt/ B. Murphy 570 IL/TN, 2002

MALE

50-54
Greg Pomagier/Gary Gray, IL/MO 1193, 2006
*Tom DeGeare/Dan Rike, MO/MO, 1322, 2004
55-59
Brandon Long/Jerry Johnson, IL/IL, 1354, 2007
60-64
Lon Roberts/Michael Dina, IL/IL, 1248, 2008
65-69
Tom Cerri/Rick Rakowski, IL/IL, 1321, 2007
70-74
Richard Brend/Richard Taylor, IL/IL, 1212, 2005
75-79
Fr. John Ostdiek/Art Losekamp, IL/OH, 1147, 2000
80-84
Loren Gillespie/Earl Topping, IL/IL, 1123, 1999

BOWLING
Mixed Doubles

50-54
Mary Clutter/Bob Dedee, IL/IL 1,032, 2002
*May Goodwin/Ron Albright, OH/OH, 1129, 2004
55-59
Greg Pomagier/Joanne Fleischer, IL/IL, 1141, 2006
60-64

Jerry Lauderdale/Phyllis Capps, IL/IL, 1220, 2005
65-69
Alice Purdes/Fr. John Ostdiek, IL/IL, 1179, 1998
70-74
Robert Miller/Phyllis Capps, IL/IL, 1130, 2003
75-79
James Lowe/Ruth Lowe, IL/IL, 1109, 2005
80-84
Joseph Snopek/Lottie Snopek, IL/IL, 922, 1998

CASTING 3/8 Ounce

(Records beginning 1987-Perfect Score 100 Pts.)

FEMALE

50-54
Barbara Kelley, Jacksonville, IL, 80, 1997
55-59
*Betty Adams, University City, MO, 84, 1990
JoAnn Cannon, Chicago, IL, 76, 1995
60-64
Patricia Beam, Caledonia, IL, 84, 1997
65-69
*Effie Timbes, Glen, MS, 85, 1989
Josephine Wilke, Chicago, IL, 85, 1995
70-74
Clara Sotak, Springfield, IL, 87, 1997
75-79
Alice Purdes, Madison, IL, 72, 2007
80-84
Lorraine Wiegert, Brentwood, IL, 82, 2008
85-89
*Bennie Murphy, Dyersburg, TN, 67, 2004
90-94
*Bennie Murphy, Ridgely, TN, 88, 2007

MALE

50-54
Larry Biskey, Elk Grove, IL, 74, 2000
55-59
Larry Dix, Alton, IL, 92, 1994
60-64
Ron Dobry, Oak Lawn, IL, 96, 1997
65-69
Jerry Patton, Mahomet, IL, 98, 2004
70-74
Bill Gill, Chicago, IL, 97, 1996
75-79
Bill Gill, Chicago, IL, 97, 1997
80-84
Denny Barrick, Springfield, IL, 88, 1995
85-89
Duane Garver, Decatur, IL, 85, 1997
90-94
Raymond Ackerman, Springfield, IL, 73, 2008

CASTING

5/8 Ounce

(Records beginning 1987-Perfect Score 100 Pts.)

FEMALE

50-54

Barbara Kelley, Jacksonville, IL, 78, 1997

55-59

JoAnn Cannon, Chicago, IL, 75, 1994

*Mary Diggs, Rosebud, MO, 84, 1993

60-64

Carolyn Ellis, Romeoville, IL, 72, 2007

65-69

Patricia Beam, Caledonia, IL, 91, 2005

70-74

Clara Sotak, Springfield, IL, 86, 1994

75-79

Josephine Wilke, Chicago, IL, 84, 2005

80-84

Mitzi Probst, Staunton, IL, 81, 1993

85-89

Bennie Murphy, Dyersburg, TN, 72, 2002

90-94

*Bennie Murphy, Dyersburg, TN, 75, 2008

MALE

50-54

Allen McClure, Jacksonville, IL, 80, 1997

55-59

Kenneth Arnold, Hinsdale, IL, 93, 1997

*Dan Bucha, Nile, MI, 93, 1992

60-64

Jerry Patton, Mahomet, IL, 98, 2002

65-69

Bill Gill, Chicago, IL, 97, 1989

70-74

Bill Gill, Chicago, IL, 97, 1993

75-79

Bill Gill, Chicago, IL, 97, 1997

80-84

Denny Barrick, Springfield, IL, 88, 1995

85-89

Raymond Ferry, Lockport, IL, 83, 2007

90-94

Guy Sibley, Princeville, IL, 23, 1988

CYCLING

5K

FEMALE

50-54

Sandra Semrow, Carbondale, IL, 7:20.22, 2008

55-59

Cathy yeaman, Chatham, IL, 8:01.58, 2008

60-64

Patricia Beam, Caledonia, IL, 9:12, 2000

65-69

Patricia Beam, Caledonia, IL, 7:58.88, 2005

70-74

Patricia Beam, Caledonia, IL, 7:59.51, 2008

75-79

Sr. Josepha Schaeffer, Springfield, IL, 9:34.11, 2009

MALE

50-54

Frank Brummer, Teutopolis, IL, 6:36.51, 2008

55-59

Ken Vennell, Chatham, IL, 7:03.82, 2009

*Paul Morrison, Clayton, MO, 6:54.95, 2008

60-64

Gary Carr, Mascoutah, IL, 6:53.49, 2008

65-69

Gary Carr, Mascoutah, IL, 6:56.48, 2009

70-74

Gerald Lamb, Metropolis, IL, 7:20.39, 2009

75-79

Charles Downs, Pana, IL, 7:51:36, 2008

80-84

Raymond Putman, Chana, IL, 8:19.70, 2009

85-89

*John Taylor, Atlanta, GA, 9:40.80, 2008

D. Paul Miller, Normal, IL, 10:40:31, 2004

90-94

D. Paul Miller, Normal, IL, 10:55.06

CYCLING

10K

FEMALE

50-54

Sandra Semrow, Carbondale, IL, 16:30.86, 2008

55-59

Cathy Yeaman, Chatham, IL, 17:51:86, 2007

60-64

Sr. Josepha Schaeffer, Springfield, IL, 19:29.84, 1994

65-69

Patricia Beam, Caledonia, IL., 18:38.00, 2006

70-74

Patricia Beam, Caledonia, IL, 17:46:11, 2007

75-79

Sr. Josepha Shaeffer, Springfield, IL, 21:00.26

MALE

50-54

Frank Brummer, Teutopolis, IL, 14:21.67, 2008

55-59
 *Mike Krywanski, Rockford, MI, 14:03.06, 2006
 James Schmitt, Rockford, IL, 14:55.00, 1996
 60-64
 Richard Somons, Oak Park, IL, 14:42.00, 1996
 65-69
 Gary Carr, Mascoutah, IL, 15:27.06, 2009
 70-74
 Gerald Lamb, Metropolis, IL, 16:15.41, 2008
 75-79
 Roger DeLanghe, Sterling, IL, 16:49.48, 2002
 80-84
 Raymond Putnam, Chana, IL, 18:56.41, 2008
 85-89
 *John Taylor, Atlanta, GA, 22:46.89, 2006
 D. Paul Miller, Normal, IL, 23:34.33, 2003
 90-94
 D. Paul Miller, Normal, IL, 25:23.82, 2009

GOLF

(By Gross Scores Only – 18 Holes)

FEMALE

50-54
 Paula Smith, Riverton, IL, 81, 1998
 55-59
 Joan Turpiano, St. Charles, IL, 82, 1996
 60-64
 Clara Helleman, Marengo, IL, 78, 1997
 65-69
 Clara Helleman,, Marengo, IL, 83, 2002
 *Mary Heil, Clayton, MO, 81, 1998
 70-74
 Carol Laws, Moline, IL, 88, 2006
 75-79
 Marilyn Read, Belleville, IL, 94, 2004
 80-84
 *Verna Lohmiller, Bettendorf, IA, 98, 1996

MALE

50-54
 Joe Phillips, Springfield, IL, 71, 2006
 55-59
 Jerry Johnson, Springfield, IL, 72, 2005
 60-64
 James Black, Granite City, IL, 66, 1998
 65-69
 Bob Beldin, Rochester, IL, 70, 1996
 *Arlie Jungerman, St. Peters, MO, 70, 1998
 70-74
 Paul F. Smith, Bellville, IL, 72, 1985
 75-79
 Paul F. Smith, Belleville, IL, 72, 1998

80-84
 *Bernard Cobillas, St. Louis, MO, 75, 2006
 August Tamburrino, Chicago, IL, 77, 1991
 85-89
 August Tamburrino, Chicago, IL, 82, 1995
 90-94
 Henry Trine, IL, 95, 2000

MINIATURE GOLF

FEMALE

50-54
 Betty Burfeind, Frankfort, IL, 38, 1999
 55-59
 Pat Fritz, Springfield, IL, 37, 1985
 60-64
 Marie McElvaine, Avon, IL, 37, 1991
 65-69
 Florence Berry, Maroa, IL, 38, 1987
 70-74
 Georgia Hill, Champaign, IL, 37, 1992
 75-79
 Georgia Hill, Champaign, IL, 38, 1997
 80-84
 Theda Weber, Bolingbrook, IL, 44, 1995
 85-89
 Doris Bostrom, Skokie, IL, 47, 2002
 90-94
 Gladys Eichstaedt, Sublette, IL, 68, 2007

MALE

50-54
 Jack Bellmon, Springfield, IL, 31, 2002
 55-59
 Ron Sholes, Springfield, IL, 34, 1995
 60-64
 Louis Youngs, Rovingson, IL, 34, 1989
 65-69
 *Robert Brumback, Overland, MO, 33, 2003
 John Buck, New Berlin, IL, 34, 1980
 70-74
 John Buck, New Berlin, IL, 33, 1984
 75-79
 Donald Odbert, Mt. Prospect, IL, 35, 1990
 Lloyd Kerley, Dixon, IL, 35, 1991
 Robert Fasiang, Calumet City, IL, 35, 2002
 80-84
 Ralph Whiteman, Monmouth, IL, 33, 2008
 85-89
 Howard Hill, Champaign, IL, 33, 2002
 90-94
 Guy Sibley, Princeville, IL, 48, 1992
 95-99
 Guy Sibley, Princeville, IL, 55, 1998

ROPESKIPPING

FEMALE

55-59

Elinor Nelson, Dover, IL, 72/100, 1989

*Helen Prenzel, Poplar Bluff, MO, 93/100, 1994

60-64

Patricia Beam, Caledonia, IL, 100/100, 1998

65-69

Josephine Wilke, Chicago, IL, 98/100, 1996

70-74

Josephine Wilke, Chicago, IL, 100/100, 1999

75-79

Margaret Phillips, Woodstock, IL, 100/100, 1999

MALE

50-54

Greg Burzynski, Elmwood, IL, 94/100, 1998

55-59

Jim Deremiah, IL, 100/100, 2003

60-64

Jim Walsh, Westmont, IL, 100/100, 1999

65-69

Stan Hodock, Oakbrook Terrace, IL, 94/100, 1997

70-74

Ed Morton, Glendale Heights, IL, 96/100, 1987

75-79

Howard Dewell, Quincy, IL, 100/100, 1999

80-84

Virgil Dunnigan, Springfield, IL, 92/100, 1993

85-89

Donald Odbert, Mt. Prospect, IL, 81/100, 1997

ROPESKIPPING

(as of 2004 based on number of jumps in 3 minutes)

FEMALE

65-69

Patricia Beam, Caledonia, IL, 245, 2006

70-74

Patricia Beam, Caledonia, IL, 213, 2008

MALE

55-59

Jim Deremiah, Decatur, IL, 495, 2005

60-64

Jim Deremiah, Decatur, IL, 550, 2008

65-69

*John McGinty, Indianapolis, IN, 194, 2005

70-74

*Alvin Ravenscroft, Ames, IA, 403, 2007

James Jackson, Centralia, IL, 263, 2007

75-79

Ralph Whiteman, Monmouth, IL, 110, 2004

80-84

Ralph Whiteman, Monmouth, IL, 259, 2008

85-89

Howard Dewell, Quincy, IL, 90, 2007

STONEMAN TRIATHLON

FEMALE

55-59

Sue Kramer, Creal Springs, IL, 1:14:10, 2008

65-69

Gayle Wichman, Flanagan, IL, 1:38:08, 2008

MALE

55-59

Larry Miller, Springfield, IL, 1:22:26, 2008

60-64

John Brubaker, Springfield, IL, 1:30:15, 2007

65-69

Don Cadagin, Springfield, IL, 1:35:56, 2008

70-74

Don Egan, Springfield, IL, 1:45:23, 2007

75-79

*Dean Davis, Almond, NC, 1:36:47, 2008

Dick Foster, Macomb, IL, 1:47:39

SWIMMING

50 Yard Backstroke

FEMALE

50-54

Betty Burfeind, Frankfort, IL, :43.87, 2001

55-59

Mary Pohlmann, Carbondale, IL, :38.33, 2002

60-64

Betty Burfeind, Frankfort, IL, 45.21, 2007

*Regan Kenner, Canton, MO, :42.10, 1990

65-69

Gertrude Zint, Chicago, IL, :45.79, 1984

70-74

*Regan Kenner, Canton, MO, :45.98, 1997

Clara Hellemann, Marengo, IL, 50:26, 2008

75-79

Isabelle Smith, Downers Grove, IL, :56.21, 1988

80-84

Evelyn Shields, Chicago, IL, 1:23.95, 1996

85-89

Eileen Cunningham, Carrollton, IL, 1:35.66, 2007

90-94

Pauline McClain, Springfield, IL, 1:55.80, 1998

95-99

Margaret Peters, Springfield, IL, 1:49.18, 2005

MALE

50-54

Victor Dapkus, Chicago, IL, 32.81, 2006

55-59

Byron Luers, Springfield, IL, :29.62, 1988

60-64

Paul Hutinger, Macomb, IL, :30.49, 1986
 65-69
 George Gandsey, Arlington Heights, IL, :32.43,
 1988
 70-74
 Ed Shea, Carbondale, IL, :37.37, 1985
 75-79
 *Harry Class, Kitchener, CAN, :38.03, 1991
 Byron Luers, Springfield, IL. : 40.30, 2003
 80-84
 Ed Shea, Carbondale, IL, :40.19, 1995
 85-89
 Edward Shea, Carbondale, IL, :45.44, 1999
 90-94
 Raymond Ackerman, Springfield, IL2:18.32, 2008

SWIMMING
100 Yard Backstroke

FEMALE

50-54
 *Teresa McDowell, MO, 1:24.48, 2004
 Betty Burfeind, Frankfort, IL, 1:32.93, 1999
 55-59
 Mary Pohlmann, Carbondale, IL, 1:22.32, 2002
 60-64
 *Regan Kenner, Canton, MO, 1:32.37, 1988
 Mary Anne Coburn, Plainfield, IL, 1:32.57, 2006
 65-69
 *Regan Kenner, Canton, MO, 1:32.48, 1992
 Ann Stevens, Evanston, IL, 2:00.72, 2002
 70-74
 Alice Hanes, Crete, IL, 1:51.93, 2003
 75-79
 Alice Hanes, Crete, IL, 1:59.48, 2007
 80-84
 *Edith Hendry, St. Peters MO, 2:36.38, 1992
 Carrie Shutzenbaugh, Paris, IL, 3:05.81, 1996
 85-89
 Eileen Cunningham, Carrollton, IL, 3:37.30, 2007
 90-94
 Pauline McClain, Paris, IL, 4:25.58, 2000
MALE
 50-54
 Victor Dapkus, Chicago, IL, 1:13.94, 2006
 55-59
 Kurt Moehlmann, Barrington, IL, 1:05.35, 2008
 60-64
 Paul Hutinger, Macomb, IL, 1:12.09, 1989
 65-69
 George Gandsey, Arlington Hgts, IL, 1:16.19, 1988
 70-74
 Byron Luers, Springfield, IL, 1:27.02, 2002

75-79
 Byron Luers, Springfield, IL, 1:28.10, 2003
 80-84
 Edward Shea, Carbondale, IL, 1:30.08, 1994
 85-89
 Edward Shea, Carbondale, IL, 1:40.00, 1999
 90-94
 Raymond Ackerman, Springfield, IL, 5:27.95, 2008

SWIMMING
200 Yard Backstroke

FEMALE

50-54
 *Theresa Mc Dowell, St. Louis, MO., 3:01.95, 2004
 Betty Burfeind, Frankfort, IL, 3:25.38, 1999
 55-59
 Mary Pohlmann, Carbondale, IL, 2:54.95, 2002
 60-64
 Mary Anne Coburn, Plainfield, IL, 3:20.18, 2006
 65-69
 *Regan Kenner, Canton, MO, 3:21.25, 1991
 Ann Stevens, Evanston, IL, 4:15.75, 2002
 70-74
 *Regan Kenner, Canton, MO, 3:29.32, 1997
 Alice Hanes, Crete, IL, 3:58.40, 2003
 75-79
 Alice Hanes, Crete, IL, 4:08.17, 2007
 80-84
 Helen Freeman, Olympia Fields, IL,, 4:08.74, 2007
 85-89
 Glenda Crites, Belleville, IL, 9:14.72, 2002
 90-94
 Glenda Crites, Glen Carbon, IL, 9:59.98, 2007
MALE
 50-54
 *Michael Sappington, St. Louis, MO, 3:38.68, 2006
 55-59
 *Allan Kalb, St. Louis, MO, 3:13.50, 1991
 Michael B. McNamee, Dr., Alton, IL, 3:42.43, 1999
 60-64
 Byron Luers, Springfield, IL, 3:09.97, 1991
 65-69
 George Gandsey, Arlington Hgts, IL, 2:54.66, 1988
 70-74
 Thomas Maine, Carbondale, IL, 3:11.07, 1995
 75-79
 Byron Luers, Springfield, IL, 3:18.58, 2003
 80-84
 Edward Shea, Carbondale, IL, 3:15.03, 1994
 85-89
 Edward Shea, Carbondale, IL, 3:57.25, 2000

SWIMMING
50 Yard Butterfly

FEMALE

50-54
Betty Burfeind, Frankfort, IL, :35.92, 2000
55-59
Jane Alsberg, IL, :38.69, 2000
60-64
*Laurel Moran, MO, :40.68, 2000
65-69
Alice Hanes, IL, :42.06, 2000
70-74
Pat Wilkerson, Chicago, IL, 1:11.71, 2006
75-79
Clara Sotak, Springfield, IL, 49.35, 2000
80-84
Annie Edwards, Chicago, IL, 2:26.29, 2007
90-94
Pauline McClain, Paris, IL, 2:20.22, 2000
MALE
50-54
Michael Lilleeng, Foxlake, IL, :29.47, 2002
55-59
Peter Andersen, St. Charles, IL, :27.06, 2000
60-64
Paul Hutinger, Macomb, IL, :29.01, 1986
65-69
George Gandsey, Arlington Hgts, IL, :36.72, 1990
*Allan Kalb, Clayton, MO, :29.06, 2000
70-74
Fred Lehman, Norridge, IL, :31.45, 2000
75-79
*Robert Blake, Bridgeton, MO, 32.61, 2000
Robert McKeague, IL, 39.11, 2000
80-84
Thomas Cureton, Urbana, IL, :57.29, 1981
*William Grant, Jr., St. Louis, MO, :47.20, 1994
85-89
Howard Hill, IL, 44.89, 2000
90-94
Henry Trine, IL, 51.37, 2000

SWIMMING
100 Yard Butterfly

FEMALE

50-54
Betty Burfeind, Frankfort, IL, 1:20.31, 1999
55-59
Betty Burfeind, Frankfort, IL, 1:46.36, 2004
60-64
Betty Burfeind, Frankfort, IL, 1:43.15, 2008

65-69
*Phillis Wilson, Wooster, OH, 1:40.32, 1990
Gayle Wichman, Flanagan, IL, 2:30.00, 2006
70-74
Beverly Underwood, Ottawa, IL, 3:20.10, 2006
75-79
Annie Edwards, Chicago, IL, 3:28.07, 2006
MALE
50-54
Michael Lilleeng, Foxlake, IL, 1:05.84, 2002
55-59
Kurt Moehlmann, Barrington, IL, 1:05.60, 2008
60-64
Tony Rende, Roselle, IL, 1:43.86, 2002
*William Cannon, Bridgeton, MO, 1:30.63, 1993
65-69
Thomas Maine, Carbondale, IL, 1:26.68, 1992
70-74
Thomas Maine, Carbondale, IL, 1:28.40, 1997
75-79
Thomas Maine, Carbondale, IL, 1:31.69, 2000
80-84
Thomas Maine, Carbondale, IL, 1:36.30, 2006

SWIMMING
50 Yard Breaststroke

FEMALE

50-54
Jill Crane, Evanston, IL, :43.56, 1999
55-59
Betty Burfeind, Frankfort, IL 44.80, 2005
60-64
Betty Burfeind, Frankfort, IL, 46.13, 2007
*Regan Kenner, Canton, MO, :44.12, 1987
65-69
Gertrud Zint, Chicago, IL, :43.61, 1984
70-74
Henrietta Berning, Evanston, IL, :56.75, 2003
*Regan Kenner, Canton, MO, :49.22, 1995
75-79
Ruth Haldorson, Chicago, IL, :55.47, 1991
80-84
Evelyn Shield, Chicago, IL, 1:19.07, 1996
85-89
Margaret D. Peters, Springfield, IL, 1:43.68, 1999
95-99
Margaret D. Peters, Springfield, IL 2:00.0, 2005
MALE
50-54
Grant Myers, Goshen, IN, 34.12, 2006
Howard Harris, Greenville, IL, :35.22, 1998
55-59
Peter Andersen, St. Charles, IL, :30.23, 1999

60-64
 Peter Andersen, St. Charles, IL, 32:90, 2006
 65-69
 Peter Andersen, St. Charles, IL, 33:61, 2008
 70-74
 James Knott, Carterville, IL, :42.47, 1983
 75-79
 John Hub, Naperville, IL, :49.83, 1993
 *Robert S. Blake, Bridgeton, MO, :46.92, 1999
 80-84
 Erwin Tews, Springfield, IL, :54.01, 1986
 85-89
 *William Grant, St. Louis, MO, 1:08.99, 2002
 Al Kamm, Springfield, IL, 1:11.12, 1988

SWIMMING
100 Yard Breaststroke

FEMALE
 50-54
 Jill Crane, Evanston, IL, 1:39.50, 2000
 55-59
 Betty Burfeind, Frankfort, IL, 1:38.27, 2005
 60-64
 *Regan Kenner, Canton, MO, 1:37.47, 1988
 Anneke Keltner, Fairview Heights, IL, 1:45.26, 2006
 65-69
 *Regan Kenner, Canton, MO, 1:37.69, 1990
 Henrietta Berning, IL, 2:00.56, 2000
 70-74
 *Regan Kenner, Canton, MO, 1:47.01, 1997
 Henrietta Berning, Evanston, IL, 2:16.35, 2005
 75-79
 Henrietta Berning, Evanston, IL, 2:19.16, 2008
MALE
 50-54
 Howard Harris, Greenville, IL, 1:16.36, 1998
 55-59
 Peter Andersen, St. Charles, IL, 1:09.49, 2000
 60-64
 Peter Andersen, St. Charles, IL, 1:17.96, 2004
 65-69
 Peter Andersen, St. Charles, IL, 1:20.41, 2008
 70-74
 Thomas Maine, Carbondale, IL, 1:30.63, 1995
 75-79
 Thomas Maine, Carbondale, IL, 1:38.12, 2000
 80-84
 Ted Erikson, Chicago, IL, 2:11.67, 2008
 Earlom J. Cole, Stillman Valley, IL, 3:21.35, 1999
 85-89
 Elmer Halldorson, Chicago, IL, 3:51.16, 1991

SWIMMING
200 Yard Breaststroke (records as of 2002)

FEMALE
 50-54
 Jill Crane, Evanston, IL, 3:56.15, 2002
 55-59
 Betty Burfeind, Frankfort, IL, 3:27.73, 2005
 60-64
 Anneke Keltner, Fairview Hgts, IL, 3:48.42, 2006
 65-69
 Henrietta Berning, Evanston, IL 4:23.60, 2002
 70-74
 Henrietta Berning, Evanston, IL 4:29.51, 2003
 75-79
 Henrietta Berning, Evanston, IL, 5:06.62, 2008
MALE
 50-54
 Yoram Bresler, Urbana, IL, 3:15.15, 2003
 55-59
 Peter Andersen, St. Charles, IL, 2:50.59, 2003
 60-64
 Peter Andersen, St. Charles, IL, 2:52.84, 2004
 65-69
 Peter Andersen, St. Charles, IL, 3:01.95, 2008
 70-74
 *William Cannon, Ballwin, MO, 4:28.96, 2002
 75-79
 Thomas Maine, Carbondale, IL, 3:41.28, 2004
 80-84
 Thomas Maine, Carbondale, IL, 3:43.97, 2005

SWIMMING
50 Yard Freestyle

FEMALE
 50-54
 *Joan Byrne, Evansville, IN, 32.89, 2006
 Valerie Delaney, Highland, IL, :35:77, 2004
 55-59
 Betty Burfeind, Frankfort, IL, :34.67, 2005
 60-64
 Betty Burfeind, Frankfort, IL, 36.27, 2007
 65-69
 *Shirley Crandell, North York, CAN, :38.16, 1991
 Dianne Sherwood, Crystal Lake, IL, :41.43, 2008
 70-74
 *Shirley Crandell, Willowdale, CAN, :42.03, 1998
 Clara Hellemann, Marengo, IL, :43.52, 2008
 75-79
 Ruth Halldorson, Chicago, IL, :45.06, 1991
 80-84
 Evelyn Shields, Chicago, IL, :45.06, 1996

85-89
 Pauline McClain, Paris, IL, :57.31, 1994
 90-94
 Pauline McClain, Paris, IL, 1:57.69, 1998
 95-99
 Margaret D. Peters, Springfield, IL, 1:49.34, 2005
MALE
 50-54
 Steven Hancock, Florissant, MO, :25.85, 2008
 Victor Dapkus, Chicago, IL, 27.13, 2006
 55-59
 Peter Andersen, St. Charles, IL, :25.52, 1999
 60-64
 Peter Andersen, Wayne City, IL, 26.89, 2006
 65-69
 Jonathon Fishcer, Quincy, IL, :28.50, 1991
 70-74
 *Robert Blake, Bridgeton, MO, :30.01, 1996
 Byron Luers, Springfield, IL, :32.04, 2002
 75-79
 *Harry Class, Kitchner, CAN, :31.19, 1991
 Byron Luers Springfield, IL, :33.02, 2003
 80-84
 *Robert Blake, O'Fallon, MO, 35.34, 2005
 Byron Luers, Springfield, IL, :34.53, 2008
 85-89
 Thomas Cureton, Urbana, IL, :42.02, 1986
 90-94
 Raymond Ackermann, Springfield, IL, 2:02.45, 2008

SWIMMING
100 Yard Freestyle
(Records Beginning 1987)

FEMALE

50-54
 Valerie Delaney, Highland, IL, 1:18.85, 2003
 55-59
 Betty Burfeind, Frankfort, IL, 1:19.52, 2005
 60-64
 Henrietta Berning, Evanston, IL, 1:26.98, 1995
 65-69
 *Ruth Johnson, Davenport, IA, 1:30.76, 1998
 Clara Sotak, Springfield, IL, 1:34.62, 1991
 70-74
 Alice Hanes, Crete, IL, 1:38.28, 2002
 75-79
 Alice Hanes, Crete, IL, 1:41.75, 2007
 80-84
 Glenda Crites, O'Fallon, IL, 2:54.95, 1996
 85-89

Gladys Williamson, Bloomington, IL, 2:59.83, 2008
 90-94
 Glenda Crites, Glen Carbon, IL, 4:08.81, 2006
 95-99
 Margaret D. Peters, Springfield, IL, 3:58.68, 2005
MALE
 50-54
 *Kenneth King, St. Peters, MO, 59.70, 2004
 Victor Dapkus, Chicago, IL, 1:01.34, 2006
 55-59
 Leonard Lencioni, Antioch, IL, 1:02.90, 2006
 60-64
 Peter Andersen, St. Charles, IL, 1:01.60, 2004
 65-69
 Peter Andersen, St. Charles, IL, 1:03.19, 2008
 70-74
 *Robert Blake, Bridgeton, MO, 1:07.70, 1995
 Fred Lehman, Norridge, IL, 1:08.92, 2000
 75-79
 *Robert Blake, O'Fallon, MO, 1:12.71, 2000
 Fred Lehman, Norridge, IL, 1:14.02, 2005
 80-84
 *Robert Blake, Bridgeton, MO, 1:22.67, 2005
 Erwin Tews, Springfield, IL, 1:30.85, 1987
 85-89
 Howard Hill, Champaign, IL, 1:47.88, 2000
 90-94
 Henry Trine, Quincy, IL, 2:10.04, 2000

SWIMMING
200 Yard Freestyle

FEMALE

50-54
 Joan Byrne, Evansville, IN, 2:33.77, 2006
 Valerie Delaney, Highland, IL, 2:54.67, 2003
 55-59
 Valerie Delaney, Highland, IL, 2:54.63, 2008
 60-64
 Betty Burfeind, Frankfort, IL, 2:55.42, 2008
 65-69
 *Shirley Crandell, North York, CAN, 3:14.48, 1991
 Clara Sotak, Springfield, IL, 3:23.10, 1991
 70-74
 Clara Sotak, Springfield, IL, 3:33.41, 1994
 75-79
 Joanne Rooney, Arlington Hgts, IL, 3:42.58, 2008
 80-84
 *Edith Hendry, St. Peters, MO, 5:13.68, 1992
 Glenda Crites, Belleville, IL, 6:43.00, 2000
 85-89
 Gladys Williamson, Bloomington, IL, 6:47.40, 2008
 90-94

Glenda Crites, Glen Carbon, IL, 8:27.73, 2006
MALE
50-54
*Steven Hancock, Florissant, MO, 2:12.44, 2008
William Stephens, Macomb, IL, 2:26.90, 1998
55-59
Fred Lehman, Norridge, IL, 2:13.37, 1989
60-64
William Stephens, Macomb, IL, 2:25.93, 2006
65-69
*Robert Blake, Bridgeton, MO, 2:30.94, 1991
Fred Lehman, Norridge, IL, 2:34.72, 1996
70-74
Fred Lehman, Norridge, IL, 2:32.97, 2000
75-79
Fred Lehman, Norridge, IL, 2:44.69, 2005
80-84
Thomas Maine, Carbondale, IL, 3:03.90, 2006
85-89
*Paul Spangler, San Luis Obispo, CA, 4:58.80,
1987

SWIMMING
400 Yard Freestyle
(Records Beginning 1988)

FEMALE

50-54
Betty Burfeind, Frankfort, IL 6:27.03, 2000
55-59
Elizabeth Moore, Springfield, IL, 6:45.75, 1993
60-64
Elizabeth Moore, Springfield, IL, 6:58.32, 1995
65-69
Clara Sotak, Springfield, IL, 7:13.05, 1992
70-74
Clara Sotak, Springfield, IL, 7:29.74, 1995
75-79
Clara Sotak, Springfield, IL, 7:52.52, 2000
80-84
Carolyn G. Anfinson, Charleston, IL, 11:51.80,
1999

MALE

50-54
William Stephens, Macomb, IL, 5:22.11, 2000
55-59
Fred Lehman, Norridge, IL, 5:27.35, 1988
60-64
Fred Lehman, Norridge, IL, 5:20.94, 1991
65-69
*Allan Kalb, Clayton, MO, 5:34.06, 2000
Fred Lehman, Norridge, IL, 5:37.13, 1995
70-74

Fred Lehman, Norridge, IL, 5:26.07, 2000
75-79
*Robert Blake, O'Fallon, MO, 6:23.27, 2000
Fred Lehman, Norridge, IL, 7:33.43, 2005
80-84
*Harry Class, Kitchner, CAN, 7:47.85, 1998
Stacy Van Petten, Oakbrook, IL, 13:16.73, 1995

SWIMMING
500 Yard Freestyle

(replaces the 400 Yard Freestyle beginning 2002)

FEMALE

50-54
*Joan Byrne, Evansville, IN, 6:53.12, 2006
55-59
Mary Pohlmann, Carbondale, IL, 7:13.29, 2002
60-64
Betty Burfeind, Frankfort, IL, 7:49.28, 2008
65-69
Henrietta Berning, Evanston, IL, 10:42.48, 2002
*Ruth Johnson, Davenport, IA, 9:30.57, 2002
70-74
Alice Hanes, Crete, IL, 9:36.40, 2003
75-79
Joanne Rooney, Arlington Hgts, IL, 9:40.60, 2008
85-89
Gladys Williamson, Bloomington, IL, 17:45.47, 2008
90-94
Glenda Crites, Glen Carbon, IL, 21:25.19, 2006
MALE
50-54
Joseph Koronkowski, Urbana, IL, 6:37.92, 2007
55-59
William Stephens, Macomb, IL, 6:34.68, 2005
60-64
William Stephens, Macomb, IL, 6:37.65, 2006
65-69
*Allan Kalb, Clayton, MO, 7:40.27, 2002
70-74
Fred Lehman, Norridge, IL, 7:08.46, 2002
75-79
Fred Lehman, Norridge, IL, 7:33.43, 2005
80-84
Thomas Maine, Carbondale, IL, 8:38.10, 2008

SWIMMING
100 Yard Individual Medley

FEMALE

50-54
*Joan Byrne, Evansville, IN, 1:22.03, 2006
Betty Burfeind, Frankfort, IL, 1:30.79, 1999
55-59

Betty Burfeind, Frankfort, IL , 1:34.93, 2002
60-64
Betty Burfeind, Frankfort, IL, 1:30.44, 2007
65-69
*Shirley Crandall, Toronto, CAN, 1:47.37, 1992
Gayle Wichman, Flanagan, IL 2:16.56, 2006
70-74
*Shirley Crandall, Willowdale, CAN, 2:08.50, 1998
Pat Wilkerson, Chicago, IL, 2:16.11, 2007
75-79
Joanne Rooney, Arlington Hgts, IL,2:12.51, 2008

MALE

50-54
Victor Dapkus, Chicago, IL, 1:12.12, 2006
55-59
Peter Andersen, St. Charles, IL, 1:11.40, 2000
60-64
Paul Hutinger, Macomb, IL, 1:06.81, 1986
65-69
Peter Andersen, St. Charles, IL, 1:17.82, 2008
70-74
Thomas Maine, Carbondale, IL, 1:23.66, 1995
75-79
*William Grant, Jr, St. Louis, MO, 1:48.46, 1992
80-84
Thomas Cureton, Urbana, IL, 1:53.10, 1983
*William Grant, Jr, St. Louis, MO, 1:48.94, 1994
85-89
Thomas Cureton, Urbana, IL, 2:06.41, 1986

SWIMMING

200 Yard Individual Medley

FEMALE

50-54
Betty Burfeind, Frankfort, IL, 3:14.45, 2000
* Teresa McDowell, St. Louis, MO, 3:12.31, 2004
55-59
Mary Pohlmann, Carbondale, IL, 3:04.48, 2002
60-64
Betty Burfeind, Frankfort, IL, 3:21.38, 2008
65-69
Ann Stevens, Evanston, IL, 4:12.37, 2002
70-74
Ann Stevens, Evanston, IL, 4:15.70, 2003
75-79
Joanne Rooney, Arlington Hgts, IL, 4:40.23, 2008

MALE

50-54
*Steven Hancock, Florissant, MO, 2:44.08, 2008
Yoram Bresler, Urbana, IL, 3:04.86, 2006
55-59
Peter Andersen, St. Charles, IL, 2:39.25, 2000
60-64

Paul Hutinger, Macomb, IL, 2:47.09, 1989
65-69
Thomas Maine, Carbondale, IL, 3:17.59, 1992
70-74
Thomas Maine, Carbondale, IL, 3:04.97, 1995
75-79
Thomas Maine, Carbondale, IL, 3:19.93, 2000
80-84
Thomas Maine, Carbondale, IL 3:23.60, 2006

10K RUN

FEMALE

50-54
Linda Yates, Marine, IL, 47:08, 2008
55-59
Faith Walkwitz, Bensenville, IL, 44.26.36, 1990
60-64
Faith Walkwitz, Bensenville, IL, 47.20, 1994
65-69
Jennie Papilli, Chicago, IL, 49.34, 2003
70-74
Barb Gurtler, Peoria, IL, 46:21, 2006
75-79
*Dottie Gray, Kirkwood, MO, 57.03, 2002
Margaret Steinam, Woodstock, IL, 60.11, 2002
80-84
Margaret Steinman, MI, 60:24, 2004

MALE

50-54
Matthys Bax, Carmi, IL, 41:57, 2000
55-59
Matthys Bax, Carmi, IL, 32.37, 2002
60-64
Matthys Bax, Carmi, IL, 38.27, 2006
65-69
John Bertsche, Normal, IL, 40.41, 1994
70-74
*Alvin Ravenscroft, IA, 41.43, 2003
Stan Venoski, Herron, IL, 45.17, 1984
75-79
Don Pratt, Monticello, IL, 54:50, 2008

TRACK

Race Walk

FEMALE

50-54
*Joan Byrne, Evansville, IN, 10:38.9, 2006
Betty Burfeind, Frankfort, IL 12:02.1, 2000
55-59
Joyce Decker, Woodstock, IL, 9:16, 1990
60-64
Patricia Beam, Caledonia, IL, 9:57.76, 1998

*Peg Taylor, Lakeville, IN, 9:57.46, 1998
65-69
*Carolyn Peet, Indianapolis, IN, 10:17.85, 1994
Patricia Beam, Caledonia, IL, 10:22, 2004
70-74
Patricia Beam, Caledonia, IL, 11:17.00, 2008
75-79
*Charlotte Hamlin, St. Joseph, MI, 11:57.87, 1994
Anne Miller, Normal, IL, 12:22.00, 1989
80-84
Anne Miller, Normal, IL, 13:00.00, 1994
85-89
Josephine Knotts, Springfield, IL, 16:02.80, 1982
90-94
Josephine Knotts, Springfield, IL, 16:41.00, 1983
MALE
50-54
*David Coutts, Whiteside, MO, 7:02.3, 2006
James Merchant, IL, 8:27.0, 2000
55-59
Randy Stiles, IL, 7:58.9, 2000
60-64
Michael Cuprisin, Evergreen Park, IL, 7:49.09,
1996
65-69
Karl Muller, Naperville, IL, 9:03.72, 1992
70-74
William Hosken, Zion, IL, 9:05.00, 2008
75-79
Tom Kirley, Kewanee, IL, 9:21.81, 1994
80-84
Tom Kirley, Kewanee, IL, 10:03.00, 1998
85-89
D. Paul Miller, Normal, IL, 11:03.00, 2003
90-94
D. Paul Miller, Normal, IL, 12:53, 2007
95-99
Guy Sibley, Princeville, IL, 18:37.33, 1993

TRACK
50 Meter Run

FEMALE

50-54
*Mary Robinson, Columbus, OH, 8.05, 1996
Karen Karch, Charleston, IL, 8.43, 2008
55-59
Alice Kellogg, Macomb, IL, 7.67, 1987
*Mary Robinson, Gahanna, OH, 7.62, 1997
60-64
Florence Berry, Maroa, IL, 8.44, 1984
65-69
*Mary Bowermaster, Fairfield, OH, 7.08, 1984

Alice Kellogg, Macomb, IL, 9.03, 1996
70-74
Florence Berry, Moroa, IL, 8.66, 1992
75-79
Lorma Bauer, Palos Heights, IL, 9.80, 1997
*Mille Crews, Lancaster, WI, 9.36, 1990
80-84
Lorma Bauer, Palos Heights, IL, 11.3, 2004
85-89
Lorma Bauer, Northfield, IL, 11.03, 2007
MALE
50-54
Greg Burzynski, Elmwood, IL, 6.97, 1997
*Mike Oliver, Maquoketa, IA, 6.69, 2002
55-59
Dennis Buss, Nashville, IL, 6.43, 1997
*Harry Guth, Perryville, MO, 6.05, 1982
60-64
Melvin Larsen, Springfield, IL, 5.98, 1987
65-69
Melvin Larsen, Springfield, IL, 6.91, 1993
70-74
Melvin Larsen, Springfield, IL, 6.70, 1997
75-79
Allen Cole, Palmyra, IL, 7.00, 1984
80-84
Myron Bishop, Edwardsville, IL, 8.66, 1987
*Curt Davison, St. Louis, MO, 8.66, 2007
85-89
D. Paul Miller, Normal, IL, 10.43, 2003
90-94
D. Paul Miller, Normal, IL, 11.34, 2007
95-99
Newton Barrett, Moline, IL, 18.70, 1985

TRACK
100 Meter Run

FEMALE

50-54
*Phil Rashker, Marietta, GA, 13.72, 1996
Karen Karch, Charleston, IL, 15:missed the 100th,
2008
55-59
*Lillie Kelley, St. Louis, MO, 14.94, 2003
Lynne Ingalls, Chicago, IL, 15.25, 2000
60-64
Lynne Ingalls, Chicago, IL, 15.58, 2002
65-69
*Mary Bowermaster, Fairfield, OH, 17.20, 1984
Alice Kellogg, Macomb, IL, 17.79, 1995
70-74
Alice Kellogg, Macomb, IL, 18.31, 1999
75-79
Lorma Bauer, Palos Heights, IL, 20.75, 1998

80-84
 Lorma Bauer, Palos Heights, IL, 22.7, 2004
 85-89
 Lorma Bauer, Northfield, IL, 24.67, 2008
 90-94
 *Anna Ward, St. Charles, MO, 31.81, 1996
MALE
 50-54
 Gregory Prescott, Belleville, IL, 13.13, 2007
 *Ken Drollinger, Covington, IN, 11.53, 2008
 55-59
 *Dan Hansman, Carmel, IN, 12.08, 2000
 Dennis Buss, Nashville, IL, 12.34, 1994
 60-64
 Melvin Larsen, Springfield, IL, 12.37, 1988
 *Charles Miller, Bedford, TX, 12.31, 1997
 65-69
 Harry Brown, Wauconda, IL, 13.00, 1996
 *Paul Saunders, St. Louis, MO, 13.00, 1988
 70-74
 Harry Brown, Waucanda, IL, 13.81, 2003
 Melvin Larsen, Springfield, IL, 13.81, 1997
 75-79
 Harry Brown, Waucanda, IL, 14.44, 2008
 80-84
 Howard Byers, Deerfield, IL, 16.59, 2008
 *Arling Pitcher, Indianapolis, IN, 16.18, 1982
 85-89
 Francis Hitchell, Peoria, IL, 19.86, 2000
 90-94
 D. Paul Miller, Normal, IL, 22.9, 2007
 95-99
 Newton Barrett, Moline, IL, 33.90, 1985

TRACK
200 Meter Run

FEMALE
 50-54
 *Phil Raschker, Marietta, GA, 30.58, 1996
 Susan Becker, Springfield, IL, 33.23, 2008
 55-59
 Lynne Ingalls, Chicago, IL, 31.57, 2000
 *Mary Robinson, Gahanna, OH, 31.33, 2000
 60-64
 Lynne Ingalls, Chicago, IL, 23.17, 2002
 65-69
 *Dottie Gray, Kirkwood, MO, 39.39, 1990
 Alice Kellogg, Macomb, IL, 40.12, 1997
 70-74
 Florence Berry, Maroa, IL, 44.58, 1992
 75-79
 *Millie Crews, Lancaster, WI, 45.19, 1990

Lorma Bauer, Palos Heights, IL, 48.47, 2000
 80-84
 Lorma Bauer, Palos Heights, IL, 52.9, 2004
 85-89
 Mitzi Probst, Staunton, IL, 4:17.72, 1995
 90-94
 *Anna Ward, St. Charles, MO, 1:09.44, 1996
MALE
 50-54
 *David Golden, St. Charles, MO, 25.40, 1998
 Joel Goldberg, Arlington Heights, IL, 26.91, 1996
 55-59
 Roger Phillips, Springfield, IL, 25.32, 1998
 60-64
 *Charley Miller, Bedford, TX, 25.43, 1997
 Robert Soblewski, Bolingbrook, IL, 26.76, 1992
 65-69
 Harry Brown, Wauconda, IL, 27.21, 1996
 70-74
 Melvin Larsen, Springfield, IL, 28.52, 1994
 75-79
 Harry Brown, Wauconda, IL, 31.94, 2006
 80-84
 Richard Rucoba, Lansing, IL, 37.7, 2005
 *Arling Pitcher, Indianapolis, IN, 36.06, 1984
 85-89
 D. Paul Miller, Normal, IL, 46.07, 2003
 90-94
 D. Paul Miller, Normal, IL, 53.31, 2007

TRACK
400 Meter Run

FEMALE
 50-54
 *Phil Raschker, Marietta, GA, 1:09.76, 1996
 Susan Becker, Springfield, IL, 1:15.84, 2008
 55-59
 Lynne Ingalls, Chicago, IL, 1:11.26, 2000
 60-64
 Lynne Ingalls, Chicago, IL, 1:13/06, 2002
 65-69
 *Dottie Gray, Kirkwood, MO, 1:30.41, 1990
 Patricia Beam, Caledonia, IL, 1:42.10, 2002
 70-74
 Vera Whiteside, Mt. Vernon, IL, 1:47.66, 2000
 75-79
 *Millie Crews, Lancaster, WI, 1:54.50, 1994
 Vera Whiteside, Mt. Vernon, IL, 2:07.9, 2005

80-84

Mitzi Probst, Staunton, IL, 6:04.12, 1992
*Margaret Steinam, Florence, WI, 2:59.2, 2004
85-89

Mitzi Probst, Staunton, IL, 9:00.58, 1995
90-94
*Anna Ward, St. Charles, MO, 3:34.29, 1996

MALE

50-54
*Antonio Cooper, Memphis, TN, :58.77, 1997
Paul Gorden, Bloomington, IL, 1:01.13, 2006
55-59

James Vallone, Chicago Heights, IL, :57.86, 1998
60-64

*Steve Bowles, Henderson, NV, 1:07.66, 2002
Frank Davis, Rock Falls, IL, 1:06.3, 2005
65-69

Steve Bowles, Springfield, IL, 1:06.43, 2006
70-74

Harry Brown, Wauconda, IL, 1:08.15, 2002
75-79

Harry Brown, Wauconda, IL, 1:12.2, 2005
80-84

Curt Davison, St. Louis, MO, 1:15.10, 2008
Richard Rucoba, Lansing, IL, 1:21.2, 2005
85-89

Sam Dorman, Springfield, IL, 2:03.71, 1991

TRACK
800 Meter Run

FEMALE

50-54
*Michele A. Tucker, S. Bend, IN, 2:47.71, 2008
Que Harbor, Rantoul, IL, 2:59.6, 2005
55-59

Sue Kramer, Creal Springs, IL, 3:13.37, 2008
60-64

Rebecca Baum, Springfield, IL, 2:58.86, 2008
65-69

Marilyn Guthrie, Palatine, IL, 3:41.50, 1996
70-74

Vera Whiteside, Mt. Vernon, IL, 4:11.78, 2000
75-79

*Dottie Gray, Kirkwood, MO, 4:28.20, 2000
Vera Whiteside, Mt. Vernon, IL, 4:57.1, 2005
80-84

*Dottie Gray, Kirkwood, MO, 5:27.7, 2006
Mitzi Probst, Staunton, IL, 12:36.95, 1991
85-89

Mitzi Probst, Staunton, IL, 18:54.30, 1995
90-94

*Anna Ward, St. Charles, MO, 8:38.89, 1996

MALE

50-54
*Stan Clark, Pewee Valley, KY, 2:16.81, 2006
Matthys Bax, Springfield, IL, 2:25.22, 2000
55-59

Matthys Bax, Carmi, IL, 2:26.47, 2002
60-64

Dean Smith, Oak Brook, IL, 2:31.00, 1989
65-69

*Walter E. Schlereth, Jr., MO, 2:37.14, 2000
Howard Strassenburg, Momence, IL, 2:38.76, 1985
70-74

Howard Strassenburg, Momence, IL, 2:53.89, 1990
75-79

Robert McKeague, IL, 3:19.04, 2000
80-84

*George Knoblock, Perry, FL, 3:37.0, 2006
Robert McCall, Goreville, IL, 4:03.19, 1995
85-89

*Paul Spangler, San Luis Obispo, CA, 4:52.00, 1987

TRACK
1500 Meter Run
(Records Beginning 1979)

FEMALE

50-54
*Michele A. Tucker, S. Bend, IN 5:23.00, 2008
Linda Yates, Marine, IL, 5:25.00, 2008
55-59

Faith Walkwitz, Bensenville, IL, 6:17.39, 1990
60-64

Rebecca Baum, Springfield, IL, 5:47.00, 2008
65-69

Sr. Josepha Schaeffer, Springfield, IL, 7:44.15, 1997
70-74

Vera Whiteside, Mt. Vernon, IL, 8:51.70, 2000
75-79

Margaret Phillips, Woodstock, IL, 11:05.41, 2000
80-84

Mitzi Probst, Staunton, IL, 27:06.31, 1993
90-94

*Anna Ward, St. Charles, MO, 17:47.42, 1996

MALE

50-54
*Stan Clark, Pewee Valley, KY, 4:36.1, 2006
Matthys Bax, Springfield, IL, 4:51.21, 1998
55-59

Richard Green, Rockford, IL, 5:01.00, 1984
60-64

Frank Davis, Rock Falls, IL, 5:08.1, 2005
65-69

Carl Segretto, Springfield, IL, 5:38.00, 1998
Howard Strassenburg, Momence, IL, 5:38.00, 1985

70-74
Ed Morton, Glendale Heights, IL, 6:21.00, 1987
*Paul Schmitt, Florissant, MO, 6:04.53, 1992
75-79
Robert McKeague, IL, 6:07.47, 2000
80-84
* George Knoblock, Perry, FL, 7:41.1, 2006
Karl Muller, Naperville, IL, 9:15.5, 2005
85-89
Alfred E. Anderson, IL, 15:25.85, 2000

TRACK
5K Road Race
(Was 5000 Meter Run)

FEMALE

50-54
*Michelle Tucker, S. Bend, IN, 19:11.00, 2008
Que Harbor, Rantoul, IL, 20:19.10, 2005
55-59
Rebecca Baum, Springfield, IL, 22:18.00, 2006
60-64
Nancy Rollins, Evanston, IL, 20:59.00, 2008
65-69
Marilyn Guthrie, Palatine, IL, 26:04.52, 1996
70-74
Anne Clarke, Glen Ellyn, IL, 27:52.00, 1981
75-79
Margaret Phillips, Woodstock, IL, 38:28.00, 1998
*Dottie Gray, Kirkwood, MO, 32:10.00, 2000

MALE

50-54
Leo Vandervlugt, Chillicothe, IL, 17:57.7, 2005
55-59
Ray Celeya, Kildeer, IL, 17:32.36, 2003
60-64
John Bertsche, Normal, IL, 19:09.00, 1989
65-69
Carl Segretto, IL, 20:27.00, 2000
70-74
*Alvin Ravenscroft, Ames, IA, 23:38.4, 2004
William Huth, Springfield, IL, 23:55.00, 1984
75-79
Don Pratt, Monticello, IL, 19:19.00, 2008
80-84
Ruben Redard, Peoria, IL, 35:30.10, 1995
85-89
*Paul Spangler, San Luis Obispo, CA, 33:02.00, 1987

FIELD
Discus

FEMALE

50-54
*Mary Hartzler, Columbus, OH, 106'7 1/2", 2000
Donna Dubbelde, Chicago, IL, 89'1 1/2", 1998
55-59
Char Sobkowski, Edwardsville, IL, 85' 4 1/2", 1993
60-64
Char Sobkowski, Edwardsville, IL, 75'6", 1999
65-69
Char Sobkowski, Edwardsville, IL, 78'2 1/2", 2000
70-74
Char Sobkowski, Edwardsville, IL, 66'7", 2005
75-79
Vera Whiteside, Mt. Vernon, IL, 54'7", 2005
80-84
*Carolyn Clark, St. Louis, MO, 76'9", 1991
Mitzi Probst, Staunton, IL, 52'6", 1991
85-89
*Claire Vieth, Webster Grove, MO, 35'8", 1998
Lorma Bauer, Palos Hts, IL, 30'4", 2008
90-94
*Bennie Murphy, Ridgely, TN, 31'10", 2007

MALE

50-54
*Valentino Martinez, Ballwin, MO, 159'9", 2002
Ron Summers, Jacksonville, IL, 149'4", 2004
55-59
Loarn Robertson, Tuscola, IL, 140'9 1/8", 2002
*Valentino Martinez, Ballwin, MO, 151'6", 2005
60-64
Loarn Robertson, Tuscola, IL, 153'6", 2005
65-69
*Richard Cochran, Lake St. Louis, MO, 170'5", 2006
Don Mather, Mt. Prospect, IL, 141'10", 1994
70-74
Rod Meyer, Peoria, IL, 115'8", 2003
*Phil Brusca, Maryland Hts., MO, 122'10", 1997
75-79
*Dale Buysse, Longmont, CO, 117', 1996
Jim Allen, Morton, IL, 99'5", 2007
80-84
*Phil Brusca, Maryland Hghts, MO, 103', 2007
E.B. Grant, DeKalb, IL, 90'9", 1991
85-89
Howard Dewell, Quincy, IL, 76', 2007
90-94
Gene Maloney, Tuscola, IL, 57'11 1/4", 1998
95-99
Guy Sibley, Princeville, IL, 22'4", 1993

FIELD
High Jump

FEMALE

50-54
 *Phil Raschker, Marietta, GA, 4'9", 1996
 Jill Crane, IL, 3'8", 2000
 55-59
 Carol Schempp, Springfield, IL, 3'8", 2002
 Dolores Hinds, Colchester, IL, 3'8", 1995-97
 60-64
 Carol Schempp, Springfield, IL, 3'9", 2004
 Patricia Beam, Caledonia, IL, 3'9", 1998
 Delores Hinds, Colchester, IL, 3'9", 1998
 65-69
 *Mary Bowermaster, Fairfield, OH, 3'9", 1984
 Patricia Beam, Caledonia, IL, 3'8", 2002 & 2004
 70-74
 *Joan Graves, Pacific, MO, 3'8", 2002
 Patricia Beam, Caledonia, IL, 3'6", 2007
 75-79
 Vera Whiteside, Mt. Vernon, IL, 2'10", 2006
MALE
 50-54
 *Ken Drollinger, Covington, MO, 5'8", 2008
 Jeffery Watry, Penfield, IL, 5'4", 2005
 55-59
 Richard Richardson, Decatur, IL, 5'2", 1991
 60-64
 Richard Richardson, Decatur, IL, 4'11 ¾", 1993
 65-69
 *Larry Rheams, Eureka, MO, 4'9", 2007
 Michael Davidson, Chicago, IL, 4'6", 2002
 70-74
 Jack Hurd, Machesney, IL, 4'7", 1998
 75-79
 *Cecil Clark, St. Louis, MO, 4'0", 1998
 *C.L. Bruce, Lake St. Louis, MO, 4'0", 2005
 Ed Morton, Glendale Heights, IL, 4'0", 1991
 80-84
 *Arling Pitcher, Greenwood, IN, 3'10", 1982
 Judson Kruidenier, Monmouth, IL, 3'6", 2006
 85-89
 Howard Dewell, Quincy, IL, 3'4", 2007

FIELD
Javelin

FEMALE

50-54
 *Phil Raschker, Marietta, GA, 67'9", 1996
 Betty Burfeind, Frankfort, IL, 61'10", 2000
 55-59
 Patricia Beam, Caledonia, IL, 73'5", 1996
 60-64
 Char Sobkowski, Edwardsville, IL, 68'10", 1995
 65-69

Elinor Nelson, Dover, IL, 71'2", 2000
 70-74
 Patricia Beam, Caledonia, IL, 64', 2007
 75-79
 Vera Whiteside, Mt. Vernon, IL, 52'6", 2008
 80-84
 Evelyn Dohnke, Des Plaines, IL, 28'9", 1999
 *Ellen Brown, Wilmington, OH, 28'10", 1996
 85-89
 *Claire Vieth, Webster Grove, MO, 29'7", 1998
 Elizabeth Bartolich, Bolingbrook, IL, 17'7", 2008
MALE
 50-54
 Jeff Watry, Penfield, IL, 136'2", 2005
 55-59
 Daniel Narzinski, Farmland, IL, 149'0", 2008
 60-64
 *Bill Jankovich, Racine, WI, 130'6", 1996
 Jim Walsh, Westmont, IL, 130'4", 1996
 65-69
 Don Mather, Mt. Prospect, IL, 146'8", 1994
 70-74
 James Mills, IN, 113'10", 2008
 James Walsh, Westchester, IL, 112'0", 2006
 75-79
 Wally Czarny, Buffalo Grove, IL, 80'9", 2008
 *Karlis Ezerins, Three Rivers, MI, 101'8", 2002
 80-84
 Robert Maschal, Mascoutah, IL, 83', 2007
 *Ed Failor, Muscatine, IA, 96'6", 2007
 85-89
 Howard Dewell, Quincy, IL, 82'3" 2008
 90-94
 Simplicio Copiaco, Bollingbrook, IL, 45'9", 2006

FIELD
Running Long Jump

FEMALE

50-54
 *Phil Raschker, Marietta, GA, 16'4", 1996
 Betty Burfeind, Frankfort, IL, 10'4", 2000
 55-59
 Alice Kellogg, Macomb, IL, 11'0, 1986
 60-64
 Alice Kellogg, Macomb, IL, 10'9", 1990
 65-69
 Alice Kellogg, Macomb, IL, 10'9", 1996
 70-74
 Alice Kellogg, Macomb, IL, 9'8", 2000
 75-79
 Vera Whiteside, Mt. Vernon, IL, 6'11 ½ "", 2005
 80-84

Lorma Bauer, Palos Heights, IL, 5'1 ½", 2003
MALE
 50-54
 *Ken Drollinger, Covington, IN, 16'10.5", 2008
 Greg Monson, IL, 16'5.5", 2008
 55-59
 Pete Stopoulos, E. Moline, IL, 16'0", 1994
 *Clarence Trinkner, Janesville, WI, 17'0", 1990
 60-64
 Pete Stopoulos, E. Moline, IL, 16'3", 1996
 *Clarence Trinkner, Janesville, WI, 16'9", 1991
 65-69
 Melvin Larsen, Springfield, IL, 16'4", 1990
 70-74
 Melvin Larsen, Springfield, IL, 15'8", 1994
 75-79
 Ed Mortimer, Springfield, IL, 11'9 ½", 1987
 *Cecil Clark, St. Louis, MO, 12'7", 1998
 80-84
 Francis Hitchell, Peoria, IL, 9'4", 1996
 *Bud Braunlich, Davenport, IA, 9'9 ¼", 2004
 85-89
 Francis Hitchell, Peoria, IL, 7'11", 2000
 90-94
 Guy Sibley, Princeville, IL, 2'11", 1989

FIELD

Standing Long Jump

FEMALE
 50-54
 *Maureen Hallaron, St. Louis, MO, 7'1 ½", 2004
 Betty Burfeind, Frankfort, IL, 6'5", 2000
 55-59
 LaVern Isban, Des Plaines, IL, 6'9", 1980
 *Lillie Kelley, St. Louis, MO, 6'10 ½", 2003
 60-64
 Mildred Bobowski, Chicago, IL, 6'9", 1994
 65-69
 *Dorothy Hesskamp, Bloomfield Hills, MI, 7'7 ¼", 2002
 Nancy Boyer, Middletown, IL, 6'7", 2002
 70-74
 *Joan Graves, Pacific, MO, 8'11", 2002
 Vera Whiteside, Mt. Vernon, IL, 7'6 ½", 2002
 75-79
 Lorma Bauer, Palos Heights, IL, 4'8 ½", 1999
 80-84
 Lorma Bauer, Palos Heights, IL, 4'3 ¾", 2004
 85-89
 Lorma Bauer, Northfield, IL, 3'7", 2007
 90-94
 *Anna Ward, St. Charles, MO, 3'4", 1996

MALE

50-54
 Tom Hovermale, St. Francisville, IL, 8'10", 2007
 55-59
 John E. Bourn, Jacksonville, IL, 8'6", 2000
 60-64
 John Bourn, Jacksonville, IL, 8'4 ½", 2002
 *Larry Rheams, Eureka, MO, 8'8", 2006
 65-69
 *Larry Rheams, Eureka, MO, 8'6.5", 2008
 Ole Schjeide, DeKalb, IL, 8'1 ½", 1987
 70-74
 Ed Knotts, Carterville, IL, 7'8 ½", 1984
 *Paul Saunders, St. Louis, MO, 8'2", 1993
 75-79
 Wally Czarny, Buffalo Grove, IL, 7'2", 2008
 80-84
 *Bud Bramlich, Davenport, IA, 6'5¾", 2002
 E.B. Grant, DeKalb, IL, 6'5", 1991
 85-89
 Francis Hitchell, Peoria, IL, 5'8 ½", 2000
 90-94
 D. Paul Miller, Normal, IL, 7'7.25", 2008
 95-99
 Guy Sibley, Princeville, IL, 1'11". 1993

FIELD

Shot Put

FEMALE
 50-54
 Donna Dubbelde, Chicago, IL, 36'6 ½", 1999
 55-59
 *Myrle Mensey, St. Louis, MO, 33'3", 2004
 Donna Dubbelde, Chicago, IL, 31'2", 2006
 60-64
 Donna Dubbelde, Chicago, IL, 30'0", 2008
 65-69
 Char Sobkowski, Edwardsville, IL, 26'10", 2000
 70-74
 Patricia Beam, Caledonia, IL, 25'9 ½", 2007
 75-79
 Lorma Bauer, Palos Heights, IL, 20'8", 1997
 80-84
 Lorma Bauer, Palos Heights, IL, 17'11", 2002
 85-89
 *Claire Vieth, Webster Grove, MO, 29'7", 1998
 Lorma Bauer, Northfield, IL, 16'4", 2008
MALE
 50-54
 Ron Summers, Jacksonville, IL, 50'9 ¾", 2004
 55-59
 Loarn Robertson, Tuscola, IL, 45'7", 2002

60-64

Loarn Robertson, Tuscola, IL, 44'11", 2004

65-69

*Phillip Brusca, St. Louis, MO, 40'11 ¾", 1992

Fritz Nilsson, Godfrey, IL, 39'0", 1990

70-74

*Phil Brusca, St. Louis, MO, 42'4", 1997

Marion Sizemore, Washington, IL, 37'6", 2008

75-79

Harrold N. Miller, Farmer City, IL, 39'3 ½", 1999

80-84

*Phil Brusca, Maryland Hgts, MO, 36'3", 2008

Ralph Whiteman, Monmouth, IL, 33'11", 2008

85-89

Francis Hitchell, Peoria, IL, 25'7", 2000

90-94

Gene Maloney, Orland Park, IL, 19'8 ¼", 1998

95-99

Guy Sibley, Princeville, IL, 10'10", 1993

STONEMAN TRIATHLON

FEMALE

55-59

Sue Kramer, Creal Springs, IL, 1:14:10, 2008

65-69

Gayle Wichman, Flanagan, IL, 1:38:08, 2008

MALE

55-59

Larry Miller, Springfield, IL, 1:22:26, 2008

60-64

John Brubaker, Springfield, IL, 1:30:15, 2007

65-69

Don Cadagin, Springfield, IL, 1:35:56, 2008

70-74

Don Egan, Springfield, IL, 1:44:23

75-79

*Dean Davis, Almond, NC, 1:36:47, 2008

Dick Foster, Macomb, IL, 1:47:39