

# Illinois Senior Olympics 2010 Registration Brochure

## GENERAL INFORMATION ON HOW TO ENTER

1. Complete ALL information on the General Registration form and Fees and Medical Registration form that follows
2. Sign the liability waiver
3. Include total payment
4. Make check payable to **Springfield Park District**



Return all of the above information by **September 3, 2010** to:

Illinois Senior Olympics  
Springfield Park District  
1601 North Fifth Street  
Springfield, IL 62702

**IT IS IMPORTANT THAT ALL INDIVIDUAL  
APPLICATIONS ARE RETURNED BY THIS DATE!**

Call 217.753-0700 with any questions

## REGISTRATION

**Registration will be at the Nelson Center in Lincoln Park** where you will receive your t-shirt and bag. You are still required to check in at each event to let the Chairperson know you are there....particularly at Track & Field where you are required to have a competition number.

**AGE:** Age is determined by the athletes' age as of 12/31/10. Proof of age is required when you register -- such as Drivers License, Birth Certificate, etc.

**AWARDS:** Medals will be presented to the 1<sup>ST</sup>, 2<sup>ND</sup> and 3<sup>RD</sup> place finalists, male and female, in each age category (i.e. 50-54, 55-59, 60-64, etc.), for each event. PLEASE NOTE: Medals will NOT be mailed out after the games. **You MUST collect your medal at the conclusion of your event.**

**CHOICE OF EVENTS:** Participants may NOT enter more than one (1) event per time slot (with the exception of Track & Field & Swimming).

**CANCELLATION OF EVENTS:** The Event Chairperson may cancel an event in the case of inclement weather, if the event cannot be held indoors. Refunds will not be issued unless the request is accompanied by a doctor's statement. If the Softball tournament cannot be rescheduled refunds minus a \$100 administration fee will be returned to the teams.

**CONFIRMATION OF ENTRY:** A confirmation sheet along with any changes or additional information will be mailed to each participant upon receipt of your entry.

**FACILITY FEES:** On site fees are to be paid at Miniature Golf (\$4.00) and Billiards (\$3.00). Golf, Bridge and Bowling fees must be mailed with your registration fee.

**EQUIPMENT:** Athletes must provide their own athletic and safety equipment, which must meet NSGA standards. ISO has a limited supply of equipment for certain events such as shot put, javelin and discus.



**DINNER:** Be sure and join us Friday, September 17 for our **NEW ISO DINNER (\$5 CHARGE)** in the Franklin Room of the Nelson Center in Lincoln Park. There will be DINNER, LIVE entertainment, and door prizes....**you won't want to miss out on the fun!**

**ILLINOIS SENIOR OLYMPICS GENERAL REGISTRATION FORM – 2010**

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

Sex: M F email: \_\_\_\_\_ T-shirt size: S M L XL 2XL 3XL

**SATURDAY, JULY 17, 2010**

- 9:00 AM ( ) CYCLING 5K Time Trial  
11:00 AM ( ) CYCLING 40K Road Race

**SUNDAY, JULY 18, 2010**

- 9:00 AM ( ) CYCLING 10K Time Trial  
11:00 AM ( ) CYCLING 20K Road Race

**SUNDAY, JULY 25, 2010**

8:00 AM ( ) STONEMAN TRIATHLON is sanctioned by the Illinois Senior Olympics for qualification for the NSGA games. You can register on-line for this event at [www.springfieldtrifest.com](http://www.springfieldtrifest.com). That organization charges a fee of payable to them 4037 Eagle Wing Rd, Spfld., IL 62711

**WEDNESDAY, SEPTEMBER 15, 2010**

- |                               |                       |                                     |
|-------------------------------|-----------------------|-------------------------------------|
| 9:00 AM<br>( ) TENNIS SINGLES | 1:00 PM<br>( ) BRIDGE | (SEE SEPARATE FORM IN THIS BOOKLET) |
|-------------------------------|-----------------------|-------------------------------------|

**THURSDAY, SEPTEMBER 16, 2010**

- |   |   |  |
|---|---|--|
| 9:00AM<br>( ) TENNIS DOUBLES<br>Partner: _____<br>( ) BADMINTON SINGLES | 8:00 AM (CONT.)<br>( ) BADMINTON DOUBLES<br>Partner: _____<br>( ) BADMINTON MIXED DOUBLES | 1:30 PM<br>( ) ROPESKIPPING<br>2:00 PM<br>( ) BASKETBALL FREETHROW |
|---|---|--|

**FRIDAY, SEPTEMBER 17, 2010**

- |   |  |  |
|---|--|--|
| 9:00AM<br>( ) TENNIS MIXED DOUBLES<br>Partner: _____<br>9:30AM<br>( ) BOWLING SINGLES<br>11:30AM<br>( ) BILLIARDS | 1:00PM<br>( ) RACQUETBALL<br>1:30PM<br>( ) CASTING<br>1:30PM<br>( ) TABLE TENNIS | 2:00PM<br>( ) SHUFFLEBOARD DOUBLES<br>Partner: _____<br>4:00PM<br>( ) MINIATURE GOLF |
|---|--|--|

**SATURDAY, SEPTEMBER 18, 2010**

- |   |  |  |
|---|--|--|
| 8:00AM<br>( ) 5K RUN & 10K RUN (SIMULTANEOUSLY)<br>9:00 AM<br>( ) TABLE TENNIS DOUBLES<br>Partner _____<br>( ) TABLE TENNIS MIXED DBLS<br>10:00AM<br>Partner _____<br>( ) SHUFFLEBOARD SINGLES (ALL AGES) | 11:30AM<br>SWIMMING (MAY ENTER ONLY 5)<br>( ) 200 YD FREESTYLE<br>( ) 100 YD BUTTERFLY<br>( ) 50 YD BREASTSTROKE<br>( ) 200 YD INDIVIDUAL MEDLEY<br>( ) 100 YD BACKSTROKE<br>( ) 50 YD FREESTYLE<br>( ) 200 YD BREASTSTROKE<br>( ) 100 YD INDIVIDUAL MEDLEY<br>( ) 200 YD BACKSTROKE<br>( ) 100 YD FREESTYLE | SWIMMING (CONT.)<br>( ) 50 YD BUTTERFLY<br>( ) 100 YD BREASTSTROKE<br>( ) 50 YD BACKSTROKE<br>( ) 500 YD FREESTYLE<br>12:00PM<br>( ) BOWLING DOUBLES<br>Partner: _____<br>2:30PM<br>( ) HORSEHOES<br>( ) BOWLING MIXED DOUBLES<br>Partner: _____ |
|---|--|--|

**SUNDAY, SEPTEMBER 19, 2010**

9:00AM START TIME FOR FIELD EVENTS; FIRST TRACK EVENT STARTS AT 10:00AM (May Enter only 5 Field and 5 Track Events)

- |   |                                      |   |
|---|--------------------------------------|---|
| 9:00AM<br>( ) JAVELIN<br>( ) HIGH JUMP<br>( ) RUNNING LONG JUMP<br>( ) STANDING LONG JUMP<br>( ) DISCUS<br>( ) SHOT PUT | 10:00AM<br>( ) RACE WALK, 1500 METER | 11:00AM<br>( ) 1500 METER RUN<br>( ) 100 METER RUN<br>( ) 400 METER RUN<br>( ) 800 METER RUN<br>( ) 50 METER RUN<br>( ) 200 METER RUN |
|---|--------------------------------------|---|

**MONDAY, SEPTEMBER 20, 2010**

- |          |                                 |                                  |
|----------|---------------------------------|----------------------------------|
| ( ) GOLF | 10:30AM<br>(Tee Times Assigned) | Rain Date: Tuesday, September 21 |
|----------|---------------------------------|----------------------------------|

**SATURDAY, SEPTEMBER 25, 2010**

- 8:00 AM  
( ) SOFTBALL TEAMS  
9:00 AM  
( ) BASKETBALL TEAMS  
( ) VOLLEYBALL

**SUNDAY, SEPTEMBER 26, 2010**

- 8:00AM  
( ) SOFTBALL TEAMS

- 12:00PM..... ARCHERY ( ) Compound Finger ( ) Compound Release  
( ) Compound Barebow ( ) Recurve ( ) Recurve Fita ( ) Recurve Barebow







**ILLINOIS SENIOR OLYMPICS  
DUPLICATE BRIDGE REGISTRATION FORM  
(MUST PRE-REGISTER BEFORE SEPTEMBER 7, 2010)**

**WHAT** One (1) session duplicate bridge pairs game (must have partner). Sponsored by the American Contract Bridge League (ACBL) Unit 208 and the Springfield Duplicate Bridge Club

**WHEN** Wednesday, September 15, 2010 from 1:00 p.m. to 5:00 p.m.

**WHERE** Jerome Civic Center, 2901 Leonard Avenue (217) 546-9786

**FORMAT**

- You will play approximately 26 boards (hands) of bridge with your partner
- You will have the opportunity to win ACBL Master Points **and** Senior Olympic medals, which will be awarded based on ACBL rank and your individual age
- Registration required by Wednesday, September 8, 2010; limited to first 40 pairs to sign up

**FEE** \$20 per pair, which includes refreshments

**Contact Ron Sholes at 217-546-5162 for BRIDGE QUESTIONS ONLY!**

[srathlete@aol.com](mailto:srathlete@aol.com) any other ISO question can be directed to Deborah or Selvarine at 217-753-0700.

**PLAYER NUMBER 1**

NAME \_\_\_\_\_ Date of Birth: \_\_\_/\_\_\_/\_\_\_

STREET \_\_\_\_\_ CITY \_\_\_\_\_ STATE: \_\_\_ ZIP: \_\_\_\_\_

TELEPHONE # \_\_\_\_\_ Email Address: \_\_\_\_\_

ACBL MEMBER # \_\_\_\_\_ # OF MASTER POINTS \_\_\_\_\_

**PLAYER NUMBER 2**

NAME \_\_\_\_\_ Date of Birth: \_\_\_/\_\_\_/\_\_\_

STREET \_\_\_\_\_ CITY \_\_\_\_\_ STATE: \_\_\_ ZIP: \_\_\_\_\_

TELEPHONE # \_\_\_\_\_ Email Address: \_\_\_\_\_

ACBL MEMBER # \_\_\_\_\_ # OF MASTER POINTS \_\_\_\_\_



Mail entry form w/check for \$20.00 made payable to the Springfield Park District by September 8, 2010 to:

SPRINGFIELD PARK DISTRICT  
ILLINOIS SENIOR OLYMPICS  
1601 NORTH FIFTH STREET  
SPRINGFIELD, IL 62702

# Locations

# Locations



1. Chatham Cycling
2. Lincoln Park  
*1601 N. 5<sup>th</sup> Street*  
Social, 5 & 10 K Run, Shuffleboard,  
Horseshoes, **Registration (Nelson Center)**
3. Lanphier Ball Park (217-753-2800)  
*1415 North Grand Ave. East*  
Archery
4. Memorial Stadium  
*1351 N. Grand Ave. East*  
Track & Field
5. Bunn Field  
13<sup>th</sup> & Division Street  
Javelin
6. YMCA  
*704 South 4<sup>th</sup> Street*  
Badminton, Basketball Freethrow,  
Racquetball, Ropeskipping,  
Volleyball (217-544-9846)
7. Washington Park  
*S. Grand Ave. West & Park*  
Casting, Tennis
8. Jerome Civic Center  
*2901 Leonard Avenue*  
Bridge (217- 546-9786)
9. Eisenhower Pool  
*2315 East Cornell*  
Swimming
10. King Pin Lanes  
*Sangamon Ave. & By-Pass 66*  
Bowling (217-544-0838)
11. Mowie's Cue  
*1277 Toronto Road*  
Billiards (217-529-7616)
12. **Putt Putt Golf Course**  
*1717 West Wabash Avenue*  
**Miniature Golf (217-546-5185)**
13. UIS Softball Complex  
*11<sup>th</sup> Street Extension*  
Softball
14. Gold's Gym  
*1600 Clear Lake Avenue*  
Basketball (217-789-4653)
15. **Lincoln Greens Golf Course**  
*700 E. Lake Shore Drive*  
**Golf (217-786-4111)**
16. Lake Springfield Beach House  
Triathlon

# Hotels



HOTEL	ADDRESS	COST	AMENITIES
<b>Travelodge</b> 217.529.5511	3751 South 6th	<b>\$47.70+Tax</b> <b>1-4 people</b>	Free continental breakfast; outdoor pool; fitness center; in-room coffee; free ESPN & HBO
<b>State House Inn</b> 217.528.5100	101 East Adams	<b>\$92.99 + Tax</b> <b>\$107.99 + Tax</b> suite	Full hot breakfast; free parking; high speed Internet
<b>Microtel Inn &amp; Suites</b> 217.753.2636 888.771.7171	2636 Sunrise Drive I-55, Stevenson Dr. exit	<b>\$74 + Tax</b> 1-4 adults	Free continental breakfast, local & long distance calls and Internet service; indoor pool; guest laundry facilities
<b>Days Inn</b> 217.529.0171	3000 Adlai Stevenson Drive; I-55 exit #94 Stevenson Drive	<b>\$64 + Tax</b> 1-4 adults	Free continental breakfast; outdoor pool; parking
<b>Holiday Inn Express</b> <b>First Week Only</b> 217.529.7771	3050 S. Dirksen Parkway	<b>\$89 + Tax</b> <b>Single/Double</b>	Free continental breakfast; indoor pool; exercise room & sauna; parking
Lincoln's Lodge 217-544-5080	304 North Dirksen Parkway	<b>\$55 + Tax</b>	Cable TV, Phone
<b>Howard Johnson Inn &amp; Suites</b> 217.541.8762	1701 J. David Jones Parkway	<b>\$60 + Tax</b> <b>\$80 + Tax suite</b>	Complimentary breakfast
<b>Red Roof Inn</b> 217.753.4302 800-Red-Roof	3200 Singer Avenue	<b>Reduced rates</b> <b>-mention Illinois</b> <b>Sen. Olympics</b>	<b>USA Today</b> , coffee, free local calls
<b>Northfield Inn &amp; Suites</b> 217.523.7900	Directly off I-55 (exit 100B)	<b>\$78 + Tax</b> 1-4 adults	Free extended continental breakfast, coffee in-room, local phone calls, newspaper, fitness center & indoor pool
<b>Hampton Inn – Im 2-1</b> 217.529.1100	3185 S. Dirksen Pkwy	<b>\$85 + Tax 1-4</b> Ask for Darrin Thurman for rate	Complimentary breakfast; local calls; <b>USA Today</b> ; 24 hour free coffee & tea
<b>Signature Inn</b> 217.529.6611	3090 Adlai Stevenson Drive	<b>\$59 + Tax</b>	Complimentary continental, local calls; micro wave & refrigerator; indoor pool; fitness center
<b>Comfort Inn</b> 217.787.2250	3442 Freedom Drive	<b>\$85 + Tax</b>	Free continental breakfast, local calls, coffee & hairdryer in-room; Showtime; indoor pool
<b>Drury Inn</b> 217.529.3900	3180 Dirksen Parkway	<b>\$94 + Tax; 1-2 persons</b>	Free hot breakfast, long distance calls, internet access, evening snacks; microwave and refrigerator, coffee maker, blow dryer, iron in-room
<b>Mansion View</b> 217.544.7411	529 South Fourth St.	<b>\$72 + Tax</b>	Extended Continental breakfast; parking
<b>Ramada Springfield North</b> 217.523.4000	3281 Northfield Drive	<b>\$81 + Tax</b>	Deluxe Continental Breakfast; shuttle to airport/train; Internet access; indoor swimming/fitness; outdoor running track; free parking

**HOTEL RATES BASED ON AVAILABILITY**  
**PLEASE MENTION THE ILLINOIS SENIOR OLYMPICS SPECIAL RATE**  
**WHEN MAKING RESERVATIONS**