

## GENERAL INFORMATION

### HOW TO ENTER:

1. Complete ALL information on the enclosed form
2. Sign the liability waiver
3. Include total payment
4. Make check payable to **Springfield Park District**



Return all of the above information by **September 4, 2009** to:

Illinois Senior Olympics  
Springfield Park District  
1601 North Fifth Street  
Springfield, IL 62702

**IT IS IMPORTANT THAT ALL INDIVIDUAL APPLICATIONS ARE RETURNED BY THIS DATE!**

Call 217.753-0700 with any questions

### REGISTRATION

**Registration will be at the Nelson Center in Lincoln Park** where you will receive your t-shirt and bag. You are still required to check in at each event to let the Chairperson know you are there...particularly at Track & Field where you are required to have a competition number.

**AGE:** Age is determined by the athletes' age as of 12/31/09. Proof of age is required when you register -- such as Drivers License, Birth Certificate, etc.

**CATEGORIES:** There will be separate categories for men and women in five year age groups, as follows: 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; 100+

**AWARDS:** Medals will be presented to the 1<sup>ST</sup>, 2<sup>ND</sup> and 3<sup>RD</sup> place finalists, male and female, in each age Category, for each event. PLEASE NOTE: Medals will not be mailed out after the games. **You MUST collect your medal at the conclusion of your event.**

**CHOICE OF EVENTS:** Participants may not enter more than one (1) event per time slot (with the exception of Track & Field & Swimming).

**CANCELLATION OF EVENTS:** The Event Chairperson may cancel an event, in the case of inclement weather, if the event cannot be held indoors. Refunds will not be issued unless request is accompanied by a doctor's statement.

**CONFIRMATION OF ENTRY:** A confirmation sheet along with any changes or additional information will be mailed to each participant upon receipt of your entry.

**FACILITY FEES:** On site fees are to be paid at Miniature Golf (\$4.00) and Billiards (\$3.00). Golf, Bridge and Bowling fees must be mailed with your registration fee.

**EQUIPMENT:** Athletes must provide their own athletic and safety equipment, which must meet NSGA standards. ISO has a limited supply of equipment for certain events such as shot put, javelin and discus.



**SOCIAL:** Be sure and join us Friday, September 18 for our SOCIAL in the Franklin Room of the Nelson Center in Lincoln Park. There will be hors d'oeuvres, LIVE entertainment, and LOTS of door prizes....**you won't want to miss out on the fun!**

Office use only  
Competition #:

Office use only  
Athlete #:

ILLINOIS SENIOR OLYMPICS  
GENERAL REGISTRATION FORM – 2009

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_  
Sex: M F email: \_\_\_\_\_ T-shirt size: S M L XL 2XL 3XL

**SATURDAY, JULY 18, 2009**

9:00 AM ( ) CYCLING 5K Time Trial  
11:00 AM ( ) CYCLING 40K Road Race

**SUNDAY, JULY 19, 2009**

9:00 AM ( ) CYCLING 10K Time Trial  
11:30 AM ( ) CYCLING 20K Road Race

**SUNDAY, JULY 26, 2009**  
8:00 AM ( ) STONEMAN TRIATHLON

**WEDNESDAY, SEPTEMBER 16, 2009**

8:00 AM ( ) TENNIS SINGLES  
1:00 PM ( ) BRIDGE SEE SEPARATE FORM IN THIS BROCHURE

**THURSDAY, SEPTEMBER 17, 2009**

8:00 AM ( ) TENNIS DOUBLES Partner: \_\_\_\_\_  
( ) BADMINTON SINGLES  
8:00 AM (CONT.) ( ) BADMINTON DOUBLES Partner: \_\_\_\_\_  
( ) BADMINTON MIXED DOUBLES  
1:30 PM ( ) ROPE SKIPPING  
2:00 PM ( ) BASKETBALL FREETHROW

**FRIDAY, SEPTEMBER 18, 2009**

8:00 AM ( ) TENNIS MIXED DOUBLES Partner: \_\_\_\_\_  
9:30 AM ( ) BOWLING SINGLES  
11:30 AM ( ) BILLIARDS  
1:00 PM ( ) RACQUETBALL  
1:30 PM ( ) CASTING  
1:30 PM ( ) TABLE TENNIS  
2:00 PM ( ) SHUFFLEBOARD DOUBLES Partner: \_\_\_\_\_  
4:00 PM ( ) MINIATURE GOLF

**SATURDAY, SEPTEMBER 19, 2009**

8:00 AM ( ) 5K RUN & 10K RUN (SIMULTANEOUSLY)  
9:00 AM ( ) TABLE TENNIS DOUBLES Partner: \_\_\_\_\_  
10:00 AM ( ) SHUFFLEBOARD SINGLES (ALL AGES)  
11:00 AM ( ) TABLE TENNIS MIXED DBLS Partner: \_\_\_\_\_  
11:30 AM SWIMMING (MAY ENTER ONLY 5)  
( ) 200 YD FREESTYLE  
( ) 100 YD BUTTERFLY  
( ) 50 YD BREASTSTROKE  
( ) 200 YD INDIVIDUAL MEDLEY  
( ) 100 YD BACKSTROKE  
( ) 50 YD FREESTYLE  
( ) 200 YD BREASTSTROKE  
( ) 100 YD INDIVIDUAL MEDLEY  
( ) 200 YD BACKSTROKE  
( ) 100 YD FREESTYLE  
SWIMMING (CONT.)  
( ) 50 YD BUTTERFLY  
( ) 100 YD BREASTSTROKE  
( ) 50 YD BACKSTROKE  
( ) 500 YD FREESTYLE  
12:00 PM ( ) BOWLING DOUBLES Partner: \_\_\_\_\_  
2:30 PM ( ) HORSEHOES  
( ) BOWLING MIXED DOUBLES Partner: \_\_\_\_\_

**SUNDAY, SEPTEMBER 20, 2009**

9:00AM START TIME FOR FIELD EVENTS; FIRST TRACK EVENT STARTS AT 10:00AM (May Enter 5 Field and 5 Track Events)

9:00 AM ( ) JAVELIN  
( ) HIGH JUMP  
( ) RUNNING LONG JUMP  
( ) STANDING LONG JUMP  
( ) DISCUS  
( ) SHOT PUT  
10:00 AM ( ) RACE WALK, 1500 METER  
11:00 AM ( ) 1500 METER RUN  
( ) 100 METER RUN  
( ) 400 METER RUN  
( ) 800 METER RUN  
( ) 50 METER RUN  
( ) 200 METER RUN

**MONDAY, SEPTEMBER 21, 2009**

( ) GOLF (Tee Times Assigned) Rain Date: Tuesday, September 22

**SATURDAY, SEPTEMBER 26, 2009**

8:00 AM ( ) SOFTBALL TEAMS  
9:00 AM ( ) BASKETBALL TEAMS  
( ) VOLLEYBALL

**SUNDAY, SEPTEMBER 27, 2009**

8:00 AM ( ) SOFTBALL TEAMS



**ENTRY FORM FOR THE  
STONEMAN SPRINT TRIATHLON**  
500 yard swim, 12 mile bike, 3 mile run  
***SANCTIONED BY THE ILLINOIS SENIOR OLYMPICS***

**Division (Select One)**

<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Clydesdale <input type="checkbox"/> Athena
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Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_ **Birthdate** \_\_\_\_\_

T-shirt size:    Small    Medium    Large    X-Large    XX-Large

**Packet pickup** 3-7 pm, July 25. **The Triathlon starts** at 6 am, July 26, at the Lake Springfield Beach House. You must pre-register...there is no race day registration.

**Stoneman Sprint Triathlon Fees:**

Registration fee for the triathlon before June 25, 2009 is \$55, after June 25 \$65. **Make**

**Check payable to Springfield Tri Fest, Inc.** 4037 Eagle Wing Rd, Springfield, IL 62711

**Each entrant must sign a waiver at packet pickup.** For further questions visit the race website at [www.springfieldtrifest.com](http://www.springfieldtrifest.com)

**Illinois Senior Olympics Fees:**

If your only Illinois Senior Olympic event is the triathlon, in addition to the Tri Fest fee above you will be charged \$5. You will not receive an ISO t-shirt – but you will receive the Triathlon t-shirt, ISO medals if you place 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> and the **ISO Records and Results Book** when it is published in January of next year. Make this check payable to **Illinois Senior Olympics**.

If you are entering other ISO events, pay the ISO registration fee of \$30, along with the Springfield Tri Fest fee above. You will receive your ISO t-shirt when you participate in the other ISO games in September. Make check payable to **Illinois Senior Olympics**, Springfield Park District, 1601 North Fifth Street, Springfield, IL 62702.





**ILLINOIS SENIOR OLYMPICS  
DUPLICATE BRIDGE REGISTRATION FORM  
(MUST PRE-REGISTER BEFORE SEPTEMBER 8, 2008)**

**WHAT** One (1) session duplicate bridge pairs game (must have partner). Sponsored by the American Contract Bridge League (ACBL) Unit 208 and the Springfield Duplicate Bridge Club

**WHEN** Wednesday, September 16, 2009 from 1:00 p.m. to 5:00 p.m.

**WHERE** Jerome Civic Center, 2901 Leonard Avenue (217) 546-9786

**FORMAT**

- You will play approximately 26 boards (hands) of bridge with your partner
- You will have the opportunity to win ACBL Master Points **and** Senior Olympic medals, which will be awarded based on ACBL rank and your individual age
- Registration required by Wednesday, September 9, 2009; limited to first 40 pairs to sign up

**FEE** \$16 per pair, which includes refreshments

**Contact Ron Sholes at 217-546-5162 for BRIDGE QUESTIONS ONLY!**

[srathlete@aol.com](mailto:srathlete@aol.com) any other ISO question can be directed to Deborah or Selvarine at 217-753-0700.

**PLAYER NUMBER 1**

NAME \_\_\_\_\_ Date of Birth: \_\_\_/\_\_\_/\_\_\_

STREET \_\_\_\_\_ CITY \_\_\_\_\_ STATE: \_\_\_ ZIP: \_\_\_\_\_

TELEPHONE # \_\_\_\_\_ Email Address: \_\_\_\_\_

ACBL MEMBER # \_\_\_\_\_ # OF MASTER POINTS \_\_\_\_\_

**PLAYER NUMBER 2**

NAME \_\_\_\_\_ Date of Birth: \_\_\_/\_\_\_/\_\_\_

STREET \_\_\_\_\_ CITY \_\_\_\_\_ STATE: \_\_\_ ZIP: \_\_\_\_\_

TELEPHONE # \_\_\_\_\_ Email Address: \_\_\_\_\_

ACBL MEMBER # \_\_\_\_\_ # OF MASTER POINTS \_\_\_\_\_



Mail entry form w/check for \$16.00 made payable to the Springfield Park District by September 9, 2009 to:

SPRINGFIELD PARK DISTRICT  
ILLINOIS SENIOR OLYMPICS  
1601 NORTH FIFTH STREET  
SPRINGFIELD, IL 62702

# Locations

# Locations



1. Chatham Township Square  
*Chatham IL*  
Cycling
2. Lincoln Park  
*1601 N. 5<sup>th</sup> Street*  
Social, 5 & 10 K Run, Shuffleboard,  
Horseshoes, **Registration (Nelson Center)**
3. Lanphier Ball Park (217-753-2800)  
*1415 North Grand Ave. East*  
Archery
4. Memorial Stadium  
*1351 N. Grand Ave. East*  
Track & Field
5. Bunn Field  
*13<sup>th</sup> & Division Street*  
Javelin
6. YMCA  
*704 South 4<sup>th</sup> Street*  
Badminton, Basketball Freethrow,  
Racquetball, Ropeskipping,  
Volleyball (217-544-9846)
7. Washington Park  
*S. Grand Ave. West & Park*  
Casting, Tennis
8. Jerome Civic Center  
*2901 Leonard Avenue*  
Bridge (217- 546-9786)
9. Eisenhower Pool  
*2315 East Cornell*  
Swimming
10. King Pin Lanes  
*Sangamon Ave. & By-Pass 66*  
Bowling (217-544-0838)
11. Mowie's Cue  
*1277 Toronto Road*  
Billiards (217-529-7616)
12. **Putt Putt Golf Course**  
*1717 West Wabash Avenue*  
**Miniature Golf (217-546-5185)**
13. UIS Softball Complex  
*11<sup>th</sup> Street Extension*  
Softball
14. Gold's Gym  
*1600 Clear Lake Avenue*  
Basketball (217-789-4653)
15. **Lincoln Greens Golf Course**  
*700 E. Lake Shore Drive*  
**Golf (217-786-4111)**
16. Lake Springfield Beach House  
Triathlon

**Bold** typeface signifies new location from previous year

# Hotels



HOTEL	ADDRESS	COST	AMENITIES
<b>Travelodge</b> 217.529.5511	3751 South 6th	<b>\$47.70+Tax</b> <b>1-4 people</b>	Free continental breakfast; outdoor pool; fitness center; in-room coffee; free ESPN & HBO
<b>State House Inn</b> 217.528.5100	101 East Adams	<b>\$92.99 + Tax</b> <b>\$107.99 + Tax</b> suite	Full hot breakfast; free parking; high speed Internet
<b>Microtel Inn &amp; Suites</b> 217.753.2636 888.771.7171	2636 Sunrise Drive I-55, Stevenson Dr. exit	<b>\$74 + Tax</b> 1-4 adults	Free continental breakfast, local & long distance calls and Internet service; indoor pool; guest laundry facilities
<b>Days Inn</b> 217.529.0171	3000 Adlai Stevenson Drive; I-55 exit #94 Stevenson Drive	<b>\$64 + Tax</b> 1-4 adults	Free continental breakfast; outdoor pool; parking
<b>Holiday Inn Express</b> <b>First Week Only</b> 217.529.7771	3050 S. Dirksen Parkway	<b>\$89 + Tax</b> <b>Single/Double</b>	Free continental breakfast; indoor pool; exercise room & sauna; parking
Lincoln's Lodge 217-544-5080	304 North Dirksen Parkway	<b>\$55 + Tax</b>	Cable TV, Phone
<b>Howard Johnson Inn &amp; Suites</b> 217.541.8762	1701 J. David Jones Parkway	<b>\$60 + Tax</b> <b>\$80 + Tax suite</b>	Complimentary breakfast
<b>Red Roof Inn</b> 217.753.4302 800-Red-Roof	3200 Singer Avenue	<b>Reduced rates - mention Illinois Sen. Olympics</b>	<b>USA Today</b> , coffee, free local calls
<b>Northfield Inn &amp; Suites</b> 217.523.7900	Directly off I-55 (exit 100B)	<b>\$78 + Tax</b> 1-4 adults	Free extended continental breakfast, coffee in-room, local phone calls, newspaper, fitness center & indoor pool
<b>Hampton Inn – Im 2-1</b> 217.529.1100	3185 S. Dirksen Pkwy	<b>\$85 + Tax 1-4</b> Ask for Darrin Thurman for rate	Complimentary breakfast; local calls; <b>USA Today</b> ; 24 hour free coffee & tea
<b>Signature Inn</b> 217.529.6611	3090 Adlai Stevenson Drive	<b>\$59 + Tax</b>	Complimentary continental, local calls; micro wave & refrigerator; indoor pool; fitness center
<b>Comfort Inn</b> 217.787.2250	3442 Freedom Drive	<b>\$85 + Tax</b>	Free continental breakfast, local calls, coffee & hairdryer in-room; Showtime; indoor pool
<b>Drury Inn</b> 217.529.3900	3180 Dirksen Parkway	<b>\$94 + Tax; 1-2 persons</b>	Free hot breakfast, long distance calls, internet access, evening snacks; microwave and refrigerator, coffee maker, blow dryer, iron in-room
<b>Mansion View</b> 217.544.7411	529 South Fourth St.	<b>\$72 + Tax</b>	Extended Continental breakfast; parking
<b>Ramada Springfield North</b> <b>217.523.4000</b>	3281 Northfield Drive	<b>\$81 + Tax</b>	Deluxe Continental Breakfast; shuttle to airport/train; Internet access; indoor swimming/fitness; outdoor running track; free parking

**HOTEL RATES BASED ON AVAILABILITY**  
**PLEASE MENTION THE ILLINOIS SENIOR OLYMPICS SPECIAL RATE**  
**WHEN MAKING RESERVATIONS**